

TPPS TUCKER BOX

HOT FOOD (RECESS ONLY)

Spiral Pasta Cups (Made in house, Fork included)	\$2.50	E
Garlic Bread (Made in house)	\$1.60	E
Vegemite Scrolls (Made in house) [Limit 2 per person]	\$0.60	O

HOT FOOD (LUNCH ONLY)

Flame Grilled Chicken Burger w/ lettuce & mayo (available in a wrap)	\$5.00	E
Flame Grilled Chicken Burger w/ lettuce, mayo & cheese (available in a wrap)	\$5.50	E
Enrico's Beef Lasagne (Fork included)	\$5.00	E
Butter Chicken & Rice (Fork included)	\$5.00	E GF
Rice Cup (Made in house)	\$2.50	E GF
Chicken Noodle Cup (Fork included)	\$3.50	O
Gluten Free Chicken Noodle Cup (Fork included)	\$3.50	O
Chicken Nuggets (3 per serve - Mon, Tues, Thurs)	\$2.50	O
Sausage Roll (3 1/2 Star Rating - Wed, Fri)	\$3.50	O
Meatball Sub (Mon, Tues, Wed)	\$5.00	O
Macaroni & Cheese (Fork included)	\$4.00	E
Tomato or BBQ Sauce Sachet	\$0.40	O

Sandwiches and Wraps (LUNCH ONLY)

Vegemite / Strawberry Jam Sandwich	\$2.50	E
Cheese Sandwich	\$2.60	E
Ham Sandwich	\$3.00	E
Ham and Cheese Toastie	\$4.30	E
Salad Sandwich	\$4.50	E

Extras

Upgrade to Wrap or Toasted (Each)	\$0.70	E
Ham	\$1.00	E GF
Cheese	\$0.60	E GF
Tomato	\$0.50	E GF

Order online via Qkr! - Cut off time 9:15am

Qkr! App available in your app store.



We offer homemade, tasty, nutritious meals and snacks in accordance with NSW Canteen Strategy 2017. Recipes, suppliers and methods are available on request. All feedback & suggestions welcome! Come & see us or email tps.tuckerbox@gmail.com.

TPPS TUCKER BOX

All Day Snacks

Seasonal Fruit (1 per serve)	\$1.00	E GF
Seasonal Fruit Tub	\$1.50	E GF
Seasonal Fruit Salad Tub	\$1.50	E GF
Red Rock Deli Chips - Sea Salt	\$1.20	O

Frozen Snacks

Quelch Sticks (99.9% Juice)	\$0.50	E GF
Frozen Juice Cups	\$1.00	E GF
Available in Apple / Blackcurrant		
Bulla Ice Cream Tubs	\$1.00	O

All Day Drinks

Bottled Water	\$2.00	E GF
Sanitarium Up & Go	\$3.00	E
Available in Chocolate, Banana or Vanilla		
Juice	\$2.00	E GF
Available in Apple, Apple/Blackcurrant or Orange		
Flavoured Lite Milk	\$2.80	E
Available in Chocolate or Strawberry		

Forgotten Lunch?

If your child has forgotten their lunch the TPPS Tucker Box will provide a sandwich and a piece of fruit. An Invoice will be sent home. Your invoice can be paid through Qkr! or via the canteen directly.

* GF option available

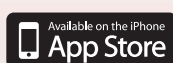
Our canteen needs your support!

Volunteers are essential to continue providing the services currently offered to our school community, if you can spare one morning per term or more, please put your name down. Children love to see their Mum, Dad or relative in the canteen and it is a great way to meet other parents and teachers at the school.

If you are able to help please contact our lovely canteen staff in the canteen or email tps.tuckerbox@gmail.com for further information.

Order online via Qkr! - Cut off time 9:15am

Qkr! App available in your app store.



We offer homemade, tasty, nutritious meals and snacks in accordance with NSW Canteen Strategy 2017. Recipes, suppliers and methods are available on request. All feedback & suggestions welcome! Come & see us or email tps.tuckerbox@gmail.com.