

Tacking Point PS Newsletter

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Week 6, Term 1

9th March 2018

APPROACHING CALENDAR EVENTS

Wed 14 th March	World's Greatest Shave 2.20pm School Hall
Fri 16 th March	K-2 Assembly 9.00am Stage 2 Assembly 1.50pm
Thu 22 nd March	Public Speaking Finals
Fri 23 rd March	K-2 Assembly 9.00am Stage 3 Assembly 1.50pm
Fri 30 th March	Good Friday
Mon 2 nd April	Easter Monday
Tue 3 rd April	Mrs Mangold on leave
Thu 5 th April	Grandparent's Day – Year 2
Fri 6 th April	K-2 Assembly 9.00am Stage 2 Assembly 1.50pm
Mon 9 th – Fri 13 th April	Jump Rope for Heart "Jump Off"
Wed 11 th – Thu 12 th April	NSW Swimming - Homebush
Fri 13 th April	Last day of term K-2 Assembly 9.00am Stage 3 Assembly 1.50pm

Events Term 2 – Claim The Date

Wed 9 th – Fri 11 th May	Year 4 Camp – Point Wolstoncroft
Mon 21 st – Fri 25 th May	Year 6 Camp - Canberra
Tue 22 nd –Thu 24 th May	Year 5 Camp - Collaroy

From the Principal

Dear Parents and Caregivers,
Welcome to Week 6.

Illness

Over the last 2 weeks, the school has been rocked by a virus leaving both students and staff quite ill. We have been fortunate enough to cover staff and some of our children have become ill, very quickly. All contacts need to be kept up to date. If the school needs to communicate in an emergency, we need to have access to either parent straight away. If you have changed your mobile numbers, addresses or emergency contacts, please advise the school as soon as possible.

Swimmers

Our swimmers have continued to excel and congratulations to all our swimmers who competed in Kempsey last week and Murwillumbah last Wednesday. Congratulations to Tyse Thrower who has progressed to the State PSSA Swimming Championships in Sydney.

P and C

Congratulations to our outgoing P and C and we thank them for all they achieved in 2017. Huge shoes to fill with all that was achieved! Congratulations again, to Glenys Rhodes on being elected as President. Jo Houghton will continue as Treasurer and Tara Page will continue as Secretary. Your gift of time and experience is greatly appreciated. We welcome Felicity Crocker as one of our Vice Presidents and we also wish to advise that we have a vacant Vice President Position.

Staff News

Over the next few weeks leading up to holidays, we have a number of staff taking leave. Individual letters will be sent home from class teachers to their class.

On behalf of Tacking Point Public School, we wish to congratulate Mr Thompson and Ms Van Klink on their recent wedding. Our best wishes for their future.



Children on site early in the morning

At this week's Leadership Meeting, there were major concerns raised about the growing number of children arriving at school well before 8 o'clock. There is no supervision provided until 8.30am and despite pleas to address this problem, nothing appears to have changed.

We realise it can be hard for parents that are working, but in essence, children should not be left unsupervised whether it be in a school, or even a shopping centre. Staff do not have to be on site till 8.30am and if they are at school early, they are doing lesson preparation in their rooms.

We are asking that parents organise before school care immediately. Perhaps children can be dropped off at a friend's house or those walking to school could bring the time closer to 8.30am. Children arriving at school on bikes should not arrive till 8.30am as well.

Band and Choir seems to be a common element, but the teachers present at school are directly teaching or supervising only those children and not siblings.

Please note that this is reportable to Family and Communities. We are a beautiful community but we need to be aware of the responsibilities that go with children.

Social Media

We continue to have major concerns with children being allowed to use social media. The age is quite clearly set at 13. We urge all parents to be aware of their child's usage and never to post images of another child. This is illegal and very quickly becomes a privacy concern.

Family Occupation and Education Index

At this time of year, the Department often harvest statistical information to assist with funding. One of the things that it is harvesting is education and occupational information and this helps provide details of our community. The Family Occupation and Education Index (FOEI) is one. This is a ranking from 0 to 200 with 100 being classified as an average community. As an example, if you informed the school at the time of enrolment that you completed Year 12 and were a nurse, but now are on leave because you are raising children, you can update this because at this point in time, you aren't working in this occupation. This will increase our FOEI and help with school funding for 2019.

Information will be sent home this week, to allow for records to be updated prior to the harvest. Your support with this is greatly appreciated. All schools in NSW will be undergoing this update.

World's Greatest Shave 2018

As a school, we will be supporting this great cause. Next week, we have a number of staff supporting this event and having their heads shaved and some beards as well! Some of our female staff will be supporting this initiative by colouring their hair.

Next Wednesday, we will meet in the hall and we are asking children to make a gold coin donation. All proceeds will go directly to the cause. Every day, 35 Australians are diagnosed with blood cancer such as leukaemia, lymphoma, or myeloma, and they will turn to the Leukaemia Foundation for help. By taking part in the Leukaemia Foundation's World's Greatest Shave you can give families the support they need and fund vital research to help more people survive.

World's Greatest Shave is the Leukaemia Foundation's biggest fundraising event

- Every March, more than 20,000 extraordinary Aussies are sponsored to shave or colour their hair.
- The money they raise makes a difference by giving families facing blood cancer the emotional and practical support they need and fund vital research.
- Over \$200 million has been raised through World's Greatest Shave to help Australians with blood cancer since the event began in 1998.
- The Leukaemia Foundation receives no on-going government funding and needs your help to raise \$17 million in 2018 to continue reducing the impact of blood cancer.

The impact of blood cancer: More than 12,500 Australians are expected to be diagnosed with a blood cancer or a related blood disorder this year – equivalent to 35 people every day.

- Leukaemia, lymphoma and myeloma (my-el-oh-mah) are blood cancers.
- Blood cancer can develop in anyone, of any age, at any time. In many cases, treatment starts within 24 hours of diagnosis.
- If the person lives in rural or regional areas, the impact can be greater. They may need to relocate for months or years of treatment – leaving everyone and everything behind.
- Although research has improved survival, sadly an Australian loses their life to blood cancer every two hours. That is why ongoing research is critical.

Kind regards,

Mr Phil Harris
Principal

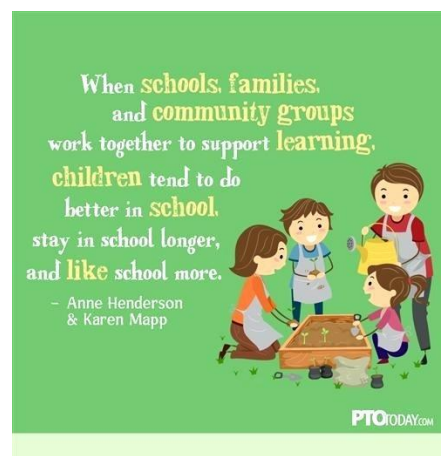
From the Deputy Principals

Positive Partnerships

Thank you to all our wonderful parent community and dedicated staff for our recent Parent and Teacher Interviews. This was a great follow on from our 'Meet and Greet' evenings last fortnight. This was a wonderful opportunity to share information about and aspirations for your children, so that we can work together, to support all students in our school.

Thank you to all the families that completed and returned the survey form about our 'Meet and Greet' and Parent/Teacher Interviews. We value your feedback and are continually revising what we do so that we continue to build positive partnerships with our community.

Mrs Kelly Jordan and Mrs Ros Mangold
Deputy Principals



'Cool Kids' Program

Our School Counsellor, Mrs Nicole Chilcott, will be running the 'Cool Kids' program in our school commencing in the next few weeks. The Cool Kids Anxiety Program is designed for children in primary school, ages 7- 12 years. This program focuses on teaching children and parents better ways to manage anxiety together.

Cool Kids involves 10 in-school sessions, in a small group structure of students that are close in age. Each of the school sessions is approximately one hour.

The program has a parent focus with a group parent information session of approximately 2 hours. This can be supported by individual consultations with parents if required.

If you would like your child to be involved in the Cool Kids Anxiety Program please ring the School Counsellor or email nicole.chilcott@det.nsw.edu.au by Thursday 15th March 2018.

Tacking Point Public School Receives Community Kickbacks

A big thank you to the parents who have nominated Tacking Point Public School as their choice for the Rebel Sports Community Kickbacks program.

Our K-2 Children are now enjoying \$800 worth of sporting equipment to support their fundamental movement program at school.



Tacking Point Public School



YEAR 2 STUDENTS

invite their

GRANDPARENTS AND ELDERLY FRIENDS

to celebrate International Grandparent's Day

grandparents day 

WHEN: THURSDAY 5TH APRIL

TIME: 9:15AM – 11:00AM

WHERE: CLASSROOMS



PLEASE COME TO GRANDPARENTS DAY!



This year, our school is again participating in Jump Rope for Heart – a fantastic physical activity and fundraising program by the Heart Foundation that has been running for 35 years.

Since Jump Rope for Heart started in 1983, schools like ours have raised more than \$75 million for the Heart Foundation's lifesaving work.

Jump Rope for Heart is a great way for your child to keep fit and learn new skills, but it also helps raise funds for vital heart research and education programs. It's important you register your child online, so they can receive the full benefits of the program and participate in online fundraising.

Sign your child up for online fundraising by visiting www.jumprope.org.au

Your child/children would have received a flyer about this earlier in the week.

All children will be participating in skipping activities as a part of the PE or Sport program. Each grade or stage will hold a 'Jump Off' during the last week of Term 1. All children will take part in this too.

Thank you for supporting the Jump Rope for Heart program!

Mrs Fiona Kars
Jump Rope for Heart Coordinator

From the Library Information and Resource Centre

Congratulations to the children and their families who have completed their Read Aloud Bookmarks this week Term 1 Weeks 5 and 6:

KC Sofia Hewens **KV** Willow Giddins **KW** William Buckby, Harriet Houghton **1/2G** Grace Ashton, Zayden Keedle, Lillie Merrell, Sam Moore, Adler Robinson, Allirah Rootes **1C** Mahalia Anderson, Anneliese de Braun, Kobie Smith **1J** Karolina Bailey, Sacha Cavaco, Lachlan Hamblin, Fraser Lutz **1K** Alex Boath, Charlie Byrne, Angus Hawken **2H** Alice Beard, Tom Buckby, Anne Randall **2M** Tahlia Hall, Sam Hewens **2R** Annabelle Ashton **2S** Leela Hill, Francis Neild **3/4C** Ava Buckby, Zane White **3/4N** Ziva Balkin, Lucas Boath, Daisy Dunbar, Luca Giddins, Evie Hewens, Aurora Mavros, Gabby Turner **3J** Oscar Byrne **4O** Marli Connerty, Arshak Martirosian, Lucy Robinson, Phoebe White **4H** Anastasia Griffiths, Lucy Richards, Pippa Wilson **4R** Delta Beard, Ryan Campbell, Jesper Robinson, Sierra Schneider, Maddison Whitton-Howell **5D** Isabella Campbell **5L** Jazz Jakeman, Kelli Williams **6B** Ethan Apthorpe **6C** Amelia Woodin **6T** Mackenzie Jenkins, Hannah Young

Ms Lea Horan
Teacher Librarian

District Swimming Champion Overall School

Tacking Point swimmers performed well at the District Swimming Carnival on Friday 23rd February at Port Macquarie Pool. Our team won the overall points score and amazingly won the handicap point score, which is points divided by the number of students at the school. We had four swimmers crowned as champions. Tyse Thrower (11yrs Boy), Sally Temple (11yrs Girl), Daniel Norris (Senior Boy) and Megan Goldie (Junior Girl). We had twenty students who progressed through to the Lower North Coast Carnival.



Lower North Coast Swimming Report

Tacking Point Swimming Team has won back the Champion School trophy from South West Rocks Public School at the Lower North Coast Swimming Carnival at Kempsey last Tuesday. We had two swimmers who were Age Champions, Tyse Thrower (11yrs Boy) and Sally Temple (11yrs Girl), as well as three runner ups in their age groups, Ethan Rowe, Angus Oakeshott and Megan Goldie. Nineteen swimmers have qualified for the North Coast Swimming Trials, which were held at Murwillumbah on Wednesday. Amazingly, four of our relay teams have qualified for the North Coast Trials.

The full team of swimmers who qualified for Murwillumbah are Tyse Thrower, Daniel Norris, Aidan Esson, Xavier Dunn, Angus Oakeshott, Cameron McLean-Prosser, Campbell Page, Ethan Rowe, Ethan Apthorpe, Hayden King, Megan Goldie, Sally Temple, Nessa Kinchington, Laura Norris, Maeve Kinchington, Matilda O'Connor, Teagan Page, India Murray and Pippa Wilson.

Well done to all our team who have won two shields in five days.

Thanks to all parents who supported the team.





The Easter Raffle is fast approaching, we are asking for **donations of Easter Eggs** to help make up the fantastic Easter baskets as raffle prizes.

So now it's time to hop in with your Cadbury bunnies, bring in your bunches of Red Tulips or race in with your Ferrero Rocher.

The egg donations can be left in the canteen. With every donation your child will receive a free raffle ticket. Please return all raffle books to the canteen by 23rd March to be drawn Thursday 29th March.

There are spare raffle tickets in the canteen.
Thank you for your support.

Kind regards from your P&C

60 Seconds With... Mrs Osborne

Our SRC wanted to have a little bit of fun and profile our new staff members. Mrs Osborne was interviewed by Bowen Lowrey.

What job did you have before being at TPPS?

I worked as a Chiropractor in Sydney.

Do you have any hobbies? I love going to the beach, playing netball, snowboarding and reading.

If you could have any job in the world, what would it be? Professional ice cream taster.

Which subject do you prefer and why?

I love visual arts because I love being creative and using lots of bright colours to create something beautiful.

If you could invent anything, what would it be?

An extra day between Saturday and Sunday or a time travel machine.

What is your favourite sport? Netball

What is your favourite food? Pizza

What is your favourite quote? Shoot for the moon because even if you miss you will land among the stars.

Do you have any pet hates? Bad manners

If you were stranded on a deserted island, what three things would you want with you? A fully stocked superyacht, my husband and my mobile phone.



Canteen

Help is still required, in particular Monday, Thursday and Friday. Please contact the canteen if you can help.

Thank you

CANTEEN ROSTER

You can place lunch orders via the P&C's site <http://www.flexischools.com.au>

Mon 12/3	M Dunn and *Help Please*
Tue 13/3	C Clarke and C Baker
WED 14/3	A Payne and Y Williams
THU 15/3	S Willis and *Help Please*
FRI 16/3	A Bannan, M Fonyodi and E Corcoran
MON 19/3	L Speedy and *Help Please*
TUE 20/3	R Jeffrey and *Help Please*
WED 21/3	V Wilson and E Corcoran
THU 22/3	H Moya and *Help Please*
FRI 23/3	H Ryan, M Brumby and E Corcoran

In accordance with WH&S regulations, it would be appreciated if volunteers could please wear enclosed footwear and have long hair tied back. Thanks Leanne and Sandy.

UNIFORM SHOP

Open Mondays & Wednesdays 8.30 – 9.00am

Location: Assembly Hall

Uniforms can be viewed and purchased via the P&C's site <http://www.flexischools.com.au>

Community Notices



Port Macquarie IMF RAW (Running and Walking) Group

RUN SWEAT INSPIRE
@ Westport Park

WERUN SWEAT INSPIRE ON:
MON 5pm
WED to
FRI 6pm

INDIGENOUS MARATHON FOUNDATION
#RUN SWEAT INSPIRE If you have any queries, please email charles.maher@det.nsw.edu.au



Seasons for Growth

9—10 yrs (Yr3—Yr4) & 11—12 yrs (Yr5-Yr6)

This is an eight-week program for children aged 6 to 12 years that have experienced grief and loss in their lives due to a significant change such as death, separation of parents or a natural disaster.

Children will learn:

- to understand and talk about the normal range of emotions experienced during major change, grief and loss
- how to build positive relationships with family and friends
- how they can participate in a caring and confidential network of peers and adults
- about resiliency
- how to plan for a realistic and hope-filled future

Thursday 3:45pm – 4:45pm

8 Mar | 15 Mar | 22 Mar | 29 Mar | 5 Apr | 12 Apr

3 May | 10 May | 17 May 2018 (Celebration Day)

Total Cost: \$15

Venue: Interrelate Port Macquarie

Address: 5/1-5 Merrymen Way



Bookings essential — phone 5525 3200

Note: This program is developed by Good Grief and facilitated by Interrelate





PLAY OR REFEREE FOOTBALL

IN SEASON 2018

EST 2005
FOOTBALL
MID NORTH COAST

***** 2018 REGISTRATIONS OPEN NOW *****

www.footballmidnorthcoast.com/2018-registrations/
Find all information about the NSW Government \$100 Active Kids Rebate at above web address

Opportunities to play and referee at varying levels exist. There are also competitions to suit everyone from a beginner to an experienced player or match official. Competitions also cater for those able to travel or for those who'd like to be involved locally.

**PLAY
FOOTBALL**

Clubs - <http://footballmidnorthcoast.com/fmnc-clubs/>
Find a club that suits your needs at the above link.

For more information, please contact the FMNC Office on 0265 850 351.
Community Football Competitions - admin@footballmidnorthcoast.com
High Performance Squads - larry@footballmidnorthcoast.com

**REFEREES
WANTED**

Get Paid to officiate on matches at all levels within the zone!

FMNC are looking for more referees (beginners or experienced).
There are courses to suit all levels coming up in March.

Please contact Club and Referee Development Officer Justin McIntyre.
justin@footballmidnorthcoast.com or in the office 0265 850 351.

PORT CITY BREAKERS JUNIOR RUGBY LEAGUE ... 2018 registrations are now open!

We have mixed gender teams from Under 6s - U12s, Girls League Tag U14s and U16s and boys rugby league 13s - 16.5s. Register online at:

<https://membership.sportstg.com/regofrm.cgi?aID=98&pKey=a944837aab28435337a193d57ec99c4d&cID=12400&formID=53641> or in person at our fields which are located at Wood St next door to the Tennis Courts on the left hand side, we are there any Tuesday or Thursday in March between 3.30pm - 5.00pm.

Registration fees are \$120.00 first child, \$110.00 second child, \$100.00 third child, 4th is free. NSW Government Active Kids vouchers will be accepted. Registration includes Club training shirt, training shorts, club playing socks, insurance, presentation and trophy. For further information please go to our Facebook page. Training begins first Tuesday in March, players need to be registered before they train.

For more details you can contact *President Raymond Weatherby 0410 137 595.*

Secretary Belinda Fisher 0403 198 063 or Registrar Gail McArdle 0448 984 799.

Port Macquarie Junior Rugby Union 2018 Season

Girls and boys in years 1-6 are invited to play in U8's, U10's and U12's.

All games are Friday afternoons. Training is specified by individual team coaches for U10's and U12's. Friday afternoon session is training 30mins plus a 30min game for U8's.

Registrations will be held Friday 16th March, 23rd March and 6th April from 5.00pm-6.30pm at the Pirates Rugby Clubhouse Stuart Park, Port Macquarie.

Registration cost is \$95 per player.

For more details please contact Craig Smith on 0439 810 612.