

# Tacking Point PS Newsletter

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Week 2, Term 1 2019

8th February 2019

## APPROACHING CALENDAR EVENTS

2019	
Tue 12 <sup>th</sup> February	Bel Canto Rehearsals <b>Meet The Teacher 3.15 until 5.30pm in your child's classroom</b>
Wednesday 13 February	District Swimming Carnival - Port Macquarie Band Tuition commences, school hall 8am
Friday 15 February	Stage 3 Dance commence
Monday 18 February	PSSA Girls Cricket
Wednesday 20 February	Lower North Coast Swimming Carnival – Kempsey
Thursday 21 February	Yr K-6: Cyber Safety
Friday 22 February	Stage 3 Sport commences District Rugby Trials – Lake Cathie
Friday 1 March	Clean up Australia Day Lower North Coast Basketball Trials – Port Macquarie
Monday 4 March	North Coast Girls cricket – Sawtell
Wednesday 6 March	North Coast Swimming – Ballina / Murwillumbah
Friday 8 March	District Soccer Trials – Port Macquarie
Thursday 14 March	Lower North Coast Boys Cricket – Port Macquarie
Friday 15 March	Lower North Coast Tennis – Port Macquarie
Wednesday 20 March	NSW Netball Cup Lower North Coast AFL – Port Macquarie
Thursday 21 March	Lower North Coast Soccer – Port Macquarie
Friday 22 March	Kindy: The Gruffalo excursion, Glasshouse
Tuesday 26 March	North Coast Tennis – Grafton
Monday 1 April	North Coast Soccer trials – Grafton
Wednesday 3 April	North Coast AFL – Coffs Harbour
Thursday 4 April	Lower North Coast Rugby League – Lake Cathie
Friday 5 April	Lower North Coast Hockey – Port Macquarie
Monday 8 April	North Coast Boys Cricket
Tuesday 9 April	District Netball trials – Port Macquarie
Thursday 11 April	State Swimming

## From the Desk of Mr Harris

Dear Parent and Carers.

Welcome back to 2019..... another busy year I'm sure will be ahead of us.

We have had an extremely positive and settled start to the new year. We have welcomed 20 new children into our school with the latest family commencing only on Tuesday. We extend a strong welcome to our present and new families for the 2019 school year.

Children are now in permanent classes and looking forward to the year ahead. Throughout the year though, I am anticipating that we will grow one class as this has been the trend over the last few years. We are, at present, only a hand full of children away! We will be lodging a request to keep the spare demountable seeing our numbers are so close.

Our mantra will continue in 2019 about *making every moment count* and for our children to rise to set expectations. Our expectations will be high for our children to always achieve their personal best.

### Staff

We welcome Mr Bale and Miss Payne who are fulltime temporary teachers this year. A staff list is included after the Principal Information.

We also congratulate Mrs Kate Connolly on securing a permanent position at Telegraph Point PS and with the Department of Education. I can assure you Kate was very excited.

### Kindergarten

We had 90 Kindergarten children commence this year. They too, have settled in well and looking forward to the year ahead.

### Meet The Teacher

This continues to have a new look this year to create a casual and friendly opportunity to meet the teacher and have a chat. Class information will be handed out and an opportunity to make an appointment in the coming weeks. Times are flexible next week to suit parents/families home commitments. We would love to see you; your children would love you to come.

Our drop in 'Meet The Teacher' afternoon is planned for next **Tuesday 12<sup>th</sup> September**, commencing at 3.15 until 5.30 pm in your child's classroom. We look forward to seeing you then.

Tea and Coffee is available under the COLA with light refreshments. This is a chance to say hi to other staff that are not on class.

### Skoolbag

Don't forget to access Skoolbag to have all alerts and newsletters emailed to you. This can be done via the app or from our webpage. The app has been updated and our advice has been to delete the old app if you have it and replace it with the new app to receive notifications

### Swimming Carnival

This was a tremendous success and full accolades to Mr Connolly and the Stage 2 and 3 teachers. A great day celebrating success and sharing in the spirit of competition, friendship and support. It was wonderful to see children have a go and challenge themselves to just see what they could do! This is what school is all about.

### School Leaders

An official welcome to our 2019 school leaders who have already showcased strong leadership in the last week. Well done.

### Road Safety

A reminder to all children riding bikes to school that helmets must be worn. The riding of scooters is not encouraged and we ask for parental support with this. It appears that there have been several concerns from the community in regards to our children not observing best practice.

### Yours in education

**Phil Harris – Principal**

# 2019 Tacking Point Public School Staff List

Principal	Mr Phil Harris
Deputy Principal	Mrs Kelly Jordan
Deputy Principal	Mr Trevor Thompson
Assistant Principals	Mrs Dayna Moritz
	Mrs Kym Wignall
	Mr Trevor Thompson
	Mr Rob Harris
	Mrs Jody Bond
	Mrs Cherry Nelson
KC	Mrs Sally Cooper
KE	Mrs Megan Essex
KP	Miss Shannon Payne
KO	Mrs Hayley Osborne
K/1W	Mrs Kym Wignall
1K	Mrs Fiona Kars
1R	Mrs Angie Reichelt
1V	Ms Kylie van Klink
2I	Mrs Xanthe Ireland
2J	Mrs Lina Jackson
2S	Mrs Leanne Smith (M-Th) & Mrs Marion Geard (F)
2T	Miss Cass Tonkin
3D	Mr Ben De Braun
3H	Mr Rob Harris
3J	Mrs Kate Jones
3/4B	Mr Matthew Bale
3/4M	Mrs Dayna Moritz (M-Th) & Miss Naomi Williams (F)
4B	Mrs Megan Bryant
4H	Mrs Katrina Harvey
5B	Mrs Jody Bond
5G	Mrs Sue Garratt
5L	Mrs Kerry Lindley
5R	Miss Catherine Robinson
5/6N	Mrs Cherry Nelson
6N	Mrs Sally Norman
6S	Mrs Nicole Schneider
6T	Mrs Elynne Toft
Librarian	Ms Leanne Horan, Mr Brad Pees
RFF	Mrs Rachel Esho, Mr Michael Connolly, Mr Trevor Thompson
L&S Teacher	Mr Steve Cornish (M,T) Sharon Randall (W), Mrs Melissa Ostler, Mrs Katie Freeman, Mrs Jody Bond
School Counsellor	Ms Nicole Chilcott, Miss Sophie Mason
<b>SASS Staff</b>	
Admin Manager	Mrs Kim Kennedy
Admin Officers	Mrs Kathryn Harry W, Th
	Mrs Barbara Elphick T,W
	Mrs Sue Moore-Jones M, T,W,Th,F
	Mrs Michelle Birrer T, W
	Mrs Natalie De Braun M, Th, F
	Mrs Kate Gresswell Th, F
General Assistant	Mr Garry Simpson
School Learning Support Officers	Mrs Marg Crowe, Mrs Karen Britten, Mrs Leanne Williams, Ms Lindell Bailey

## *From the Deputy Principals*

**Welcome to the school year of 2019 and the thriving school community that is Tacking Point Public School. It was wonderful see to the smiling faces of our students on their return last week .... and the new that we have just met.**

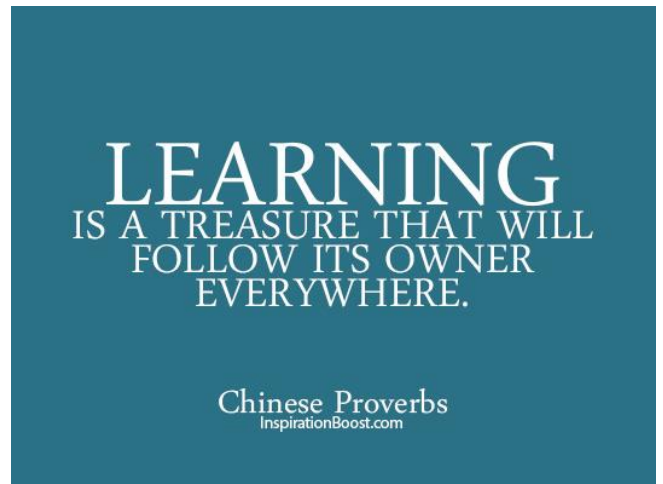
Our core values of 'Respect, Care, Courtesy and Responsibility' will continue to be reinforced and taught throughout the school giving students examples of, what each value looks like for many and varied occasions.

As our school is moving forward with the second year of the three year school plan. It is vital that we continue to foster, develop and support the 'whole' child at school. It is our number one goal that when students come to school that they feel safe and happy, enabling learning to take place. We are very focussed on our strategic directions of 'Everyone Matters and 'Life Long Learners'.

We as a school, consistently strive to be the best we can be and cater for all individuals to the best of our ability. We appreciate your ongoing support and commitment that you give to allow us to provide these opportunities for your child/ren.

We are looking forward to a fantastic year ahead and are keen to meet up with you at our 'Meet the Teacher' afternoon on Tuesday 12 February from 3.15 until 5.30pm.

**Kelly Jordan and Trevor Thompson**



## *From the Library (Information and Resource Centre)*

Congratulations to the children and their families who completed their 'Read Aloud' Bookmarks in Term 4 2018 Weeks 9 and 10:

**KW** Emilia Perri **1/2G** Adler Robinson **1K** Mikayla Fonyodi **2H** Alice Beard **2R** Joshua Ball, Leticia Barnes **2S** Anna Piri **4H** Anastasia Griffiths, Lucy Richards  
**4R** Brianna Waller

**Ms Lea Horan**  
**Teacher Librarian**

## *School Swimming Carnival 2019*

Thank you to our parent volunteers and staff who worked at our annual swimming carnival on Tuesday. The parents along with the school staff, made it a great day. Special mention to Pete Murray and Shelle McNeill who kept the finish line running efficiently.

Well done to our sports leaders who showed great leadership qualities by organising their houses and chants. It certainly was a great atmosphere. It was also wonderful to see so many students dressing up for the day and supporting the day.

Over 420 of our students took part in the annual swimming carnival. It was a busy day with over 100 races in the 50m pool and even more in the 25m pool. All students are to be commended for a high participation rate and great sportsmanship in all activities/events. Congratulations to Campbell Page and Megan Goldie who won all six events that they competed in, it was the second year that Megan has achieved this feat.

A big congratulations to our 8 year olds from Year 2, who participated in the carnival for the first time.



The top performers in each event will be competing at the district carnival on Wednesday 13th February where we hope to retain our overall points score trophy. If they qualify, swimmers will then go onto the Lower North Coast Zone Carnival at Kempsey on the 20<sup>th</sup> of February.

Endeavour was the champion house, Flinders was second, Watonga were third and Reliance came fourth.

Group	Champion	Runner Up
Junior Boys	Xavier Dunn	Ben Oakeshott
Junior Girls	Evie Hewens	Sienna Goldie, Laura Norris
11 Yrs Boys	Angus Oakeshott	Arshak Martirosian
11 Yrs Girls	Megan Goldie	Lucy Robinson
Senior Boys	Campbell Page	Jimmy Strahorn
Senior Girls	Amelia Mace	Georgia Smead

## Mr Michael Connolly Carnival Organiser



## Tacking Point Public School Presentation Day Award Recipients 2018

<b>Award</b>	<b>Given name</b>	<b>Surname</b>	<b>Class</b>
Academic	Deklon	Gratton	KC
Consistent Effort	Isaac	Chapman	KC
Citizenship	Emily	Lewis	KC
Positive Attitude Towards Learning	Lolani	Collyer	KC
Commitment to Learning	Parker	Begg	KC
Academic	Zachary	Richardson	KE
Consistent Effort	Summer	Booth	KE
Citizenship	Grace	Finney	KE
Excellence in Mathematics	Chloe	Moye	KE
Attention to Detail	Lucas	Browne	KE
Academic	Eden	Barnes	KV
Consistent Effort	Flynn	Apthorpe	KV
Citizenship	Abbey	Trethewey	KV
Creativity and Skill in Visual Arts	Soetkin	Nuytens	KV
Striving for Excellence in Mathematics	William	Etchells	KV
Academic	Emilia	Perri	KW
Consistent Effort	Hamish	Pope	KW
Citizenship	Isa	Balkin	KW
Excellence in Literacy	Annie	Wellings	KW
Excellent Attitude Towards Learning	Charlotte	Dunn	KW
Academic	Anneliese	de Braun	1C
Consistent Effort	Mahalia	Anderson	1C
Citizenship	Declan	Jones	1C
Consistent Effort and Application	Connor	Green	1C
Consistent Effort and Application	Chloe	Beazley	1C
Academic	Ben	Ryan	1J
Consistent Effort	Madeleine	Chung	1J
Citizenship	Lachlan	Hamblin	1J
Strives to Excel	Fraser	Lutz	1J
Outstanding Achievement	Noah	Harris	1J
Academic	Armani	Daley	1K
Consistent Effort	Angus	Hawken	1K
Citizenship	Chloe	Lentz	1K
Commitment to Learning	Mikayla	Fonyodi	1K
Excellence in Visual Arts	Dominic	Kambourian	1K
Academic	Mason	Jones	1S
Consistent Effort	Darcey	McWilliams	1S
Citizenship	Jorja	Corse	1S
Positive Attitude Towards Learning	Brooke	Young	1S
Displaying Our School Values	Hayden	Gardner	1S
Academic	Grace	Ashton	1/2G
Consistent Effort	Alana Mei	Hay	1/2G
Citizenship	Levi	Cooper	1/2G
Positive Attitude Towards Learning	Sakura	Attwood	1/2G
Always Striving to Achieve	Hannah	Ryan	1/2G
Academic	Mark	Temple	2M
Consistent Effort	Tahlia	Hall	2M
Citizenship	Piper	Brennan-Riley	2M
Excellence in Technology	Sam	Hewens	2M
Outstanding Work Ethic	Otis	Dunbar	2M
Academic	Hayden	Manning	2R
Consistent Effort	Melody	Waller	2R
Citizenship	Riley	Ross	2R
Consistently Striving to Achieve	Kalani	Stepien	2R
Outstanding Work Ethic	Annabelle	Ashton	2R
Academic	Francis	Neild	2S
Consistent Effort	Anna	Piri	2S
Citizenship	Ruby	Redman	2S
Positive Attitude and Application	Lennox	Phillis	2S
Enthusiasm for Learning	Kalani	Taylor	2S

Academic	Archie	Wallace	2H
Consistent Effort	Tia	Judge	2H
Citizenship	Elsie	Strahorn	2H
Consistent Effort and Achievement	Lachlan	Guy	2H
Kindness and Compassion Towards Others	Tom	Buckby	2H
Academic	Charlotte	Memcott	3/4N
Consistent Effort	Mikayla	Campbell	3/4N
Citizenship	Nessa	Kinchington	3/4N
Positive Attitude to Learning	Hayden	King	3/4N
Excellent Attitude and Application	Lucy	Strahorn	3/4N
Academic	Keegan	Pope	3J
Consistent Effort	Caitlyn	Inman	3J
Citizenship	Samuel	Browne	3J
Excellent in the Arts	Madison	Munro	3J
Consistent Positive Mindset	Charlee	Webber	3J
Academic	Lucy	King	3K
Consistent Effort	Charlee	Hirt	3K
Citizenship	Ally	Newton	3K
Excellence in Mathematics	Slayde	Daley	3K
Excellent Attitude to Learning	Charlie	Lewis	3K
Academic	Noah	Nelson	4H
Consistent Effort	Katrice	Millar	4H
Citizenship	Pippa	Wilson	4H
Excellent Attitude to Learning	Lucy	Richards	4H
Consistent Effort and Achievement	Ella	Barker	4H
Academic	Anthony	Oldfield	4O
Consistent Effort	Zac	Fonyodi	4O
Citizenship	Gabriella	Horan Juzenas	4O
Excellent Growth Mindset	Matthew	Mitchell	4O
Excellence in Numeracy	Anton	Kelly	4O
Academic	Catalina	Toth	4R
Consistent Effort	Megan	Goldie	4R
Citizenship	Lachlan	Browne	4R
Excellence in Visual Arts	Maddison	Whitton-Howell	4R
Commitment to Learning	Jesper	Robinson	4R
Academic	Lillian	Jeffery	3/4C
Consistent Effort	Niall	Kinchington	3/4C
Citizenship	Harley	Rayment	3/4C
Excellence in Application	Callum	Rowe	3/4C
Excellence in Literacy	Frieda	Dudfield	3/4C
Academic	Matilda	Gill	5D
Consistent Effort	Sienna	Meani	5D
Citizenship	Isabella	Campbell	5D
Excellence in Visual Arts	Rhys	Jones	5D
Outstanding Commitment to Learning	Emma	Burge	5D
Academic	Miya	Freeman	5L
Consistent Effort	Jett	Buckley	5L
Citizenship	Emily	Castiglioni	5L
Consistent Academic Achievement	Lily	Hughes	5L
Commitment to Learning	Jared	Baker	5L
Academic	Lorcan	Moore	5M
Consistent Effort	Alexander	Toth	5M
Citizenship	Ella	Ross	5M
Performing Arts	Celia	Pritchard	5M
Persistence and Perseverance	Tahya	Corse	5M
Academic	Brin	Fullerton	6C
Consistent Effort	Beckham	Williams	6C
Citizenship	Charlie	Martin	6C
Dedication and Perseverance	Ava	Globits	6C
Outstanding Achievement in Mathematics	Caleb	Marchenko	6C
Academic	Elicia	Nelson	6M
Consistent Effort	George	Patullo	6M
Citizenship	Lucy	Treasure	6M
Committed Application to Learning	Austin	Sampson	6M



Enthusiasm and Achievement in Mathematics	Caitlin	Hill	6M
Academic	Millicent	Wilson	6T
Consistent Effort	Connor	Haak	6T
Citizenship	Serena	Clarke	6T
Positive Attitude to Learning	Adabella	Jones	6T
Consistent Application and Achievement	Joshua	Gleeson	6T
Academic	Brodie	Ferrett	5/6G
Consistent Effort	Samantha	Aguilar	5/6G
Citizenship	Bowen	Lowrey	5/6G
Critical and Creative Thinking	Euan	Hoffmann	5/6G
Outstanding Commitment to Learning	Aiden	Moore-Jones	5/6G
Academic	Ryan	McLean-Prosser	6B
Consistent Effort	Tom	Moore	6B
Citizenship	Hugo	Northam	6B
Commitment to Learning	Ethan	Apthorpe	6B
Outstanding Achievement in STEM	Ethan	Rowe	6B

### Tacking Point Public School Stage Award Recipients 2018

Stage 1 Citizenship Award	Sam	Strahorn	1J
Kindergarten Library Award	Kaleb	Hayter	KV
Stage 1 Library Award	Lillie	Merrell	1/2G
Stage 1 Performing Arts Award	Siena	Button	2H
Stage 1 Sports Award	Grace	Morris	2S
Stage 1 Technology Award	Lachlan	Ramm	2S
Stage 1 Thomas Dean Environment Awareness Award	Edith	White	1/2G
Stage 1 Lorraine Critchley Reading Award	Shaniyah	Okpegbue	1J
Stage 2 Academic Achievement Award	Charlotte	Memcott	3/4N
Stage 2 Library Award	Arshak	Martirosian	4O
Stage 2 Performing Arts Award	Evie	McKeough	4H
Stage 2 Sports Award	Cruz	Lewis	4H
Stage 2 Technology Award	Jarrold	Manning	4H
Stage 2 Gemma Bruen Citizenship Award	Amahli	Baker	4O
K-2 Aboriginal and Torres Strait Islander Award	Ben	Oakeshott	2R
Stage 3 Citizenship Award	Maeve	Kinchington	5/6G
Stage 3 Library Award	William	Gardner	6T
Stage 3 Performing Arts Award	Sally	Temple	5/6G
Stage 3 Sportsperson of the Year	Tyse	Thrower	6T
Stage 3 Technology Award	Alex	Zavone	5-6G
Stage 3 School Spirit Award	Annelise	Turner	6M
Lighthouse Award	Rhiannon	Carr	
Stage 3 Academic Achievement Award	Brodie	Ferrett	5/6G
3-6 Aboriginal and Torres Strait Islander Award	Ashton	Daley	5M
NSW Premier's Sporting Challenge Medal	Campbell	Page	5M
UNSW Civil & Environmental Engineering - Mathematics Award - Stage 2	Bella	Riches	3/4N
UNSW Civil & Environmental Engineering - Mathematics Award - Stage 3	Brodie	Ferrett	5/6G

### Donation Acknowledgements

We sincerely thank the following sponsors for their generous donation of prizes for our Prizegiving Award Ceremony.

- Port Macquarie Hastings Council
- Port Stephens Buses Pty Ltd
- Neild Family
- Zavone Family
- Vanity Medi Spa



## Canteen

The Canteen is looking for volunteers, one day per month 10am until 2pm. Please contact the canteen if you can help!

We have had to pass on an increase to the cost of milk, up and go and juice poppers as the cost of these items has increased , due to the recycling program.

### CANTEEN ROSTER

You can place lunch orders via the P&C's site <http://www.flexischools.com.au>

Mon 11/2	D. Gleave	<b>** HELP NEEDED PLEASE **</b>
Tue 12/2	M. Dunn	C.Baker
Wed 13/2	R. Brennan	<b>** HELP NEEDED PLEASE**</b>
Thu 14/2	M. Gavel	A. Brinkman
Fri 15/2	L. Wiggins	R. Brennan
Mon 18/2	D. Gleave	L. Speedy
Tue 19/2	R. Brennan	<b>** HELP NEEDED PLEASE**</b>
Wed 20/2	V. Wilson	H. Ryan
Thurs 21/2	R. Brennan	<b>** HELP NEEDED PLEASE**</b>
Fri 22/2	M. Brumby	H. Ryan

In accordance with WH&S regulations, it would be appreciated if volunteers could please wear enclosed footwear and have long hair tied back. Thanks Leanne and Sandy.

### UNIFORM SHOP

Open Mondays & Wednesdays 8.30 – 9.00am

Location: Assembly Hall

Uniforms can be viewed and purchased via the P&C's site <http://www.flexischools.com.au>

## Uniform Shop

### School Backpack Discolouration/Dye problem

Towards the end of Term 4, 2018, the Uniform Shop became aware of a potential fabric dye problem with TPPS school backpacks sold through the shop, which appears to be isolated to a particular production batch manufactured during 2017. Each bag has a small white tag sewn into an inside seam displaying the batch number – the affected batch number includes a "7/17" – being it's manufacture date.

The problem appears to be a UV-stability issue in the dye such that the navy fabric has actually **discoloured to a shade of pink/purple** on surfaces most exposed to sunlight, and seems to have affected a significant number of bags sold during the period since late 2017.

We are not referring to gradual fading of the fabric to a dull light-navy over a few years, as this is to be expected of any fabric which by nature is exposed to significant sunlight, such as sunhats and outdoor cushions etc. This would be considered "fair wear and tear" issue and would not be warrantable.

Unfortunately, **we are not expecting a fast resolution**, as the supplier has indicated to us that they will be investigating the matter internally.

In the meantime, if you are a parent/carer whose child has one of the affected bags (batch 7/17) we can only suggest that you continue to use the backpack in its present condition until we receive a final warranty ruling from the supplier.

We expect that IF the warranty claim is approved, it will be a REPLACEMENT policy, not a REFUND policy.

We have withdrawn the batch from sale and the 2018 production backpacks are available for sale in the Uniform Shop.

Fiona Tree  
TPPS Uniform Shop

### **Size 6 Polo Shirts**

Due to unprecedented high volume sales in recent months of Size 6 school polo shirts, we have sold out. An emergency order has been placed with the supplier, however, we do not anticipate these to arrive until early April. We do have a good supply of size 8 and a limited supply of second-hand polo's available.

### **Girls Size 8 Dresses**

We have been advised that our latest order is now in transit, we expect the new ones to arrive within the week.

### **P and C AGM**

Just a reminder that our P and C AGM is next month. At that stage all positions become vacant and the 2019 committee are now formed.

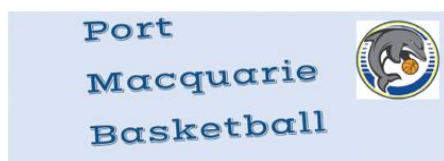
Please join us next month on the first Monday of the month at 7.30pm in the staffroom.

### *Community News*



#### **Port Panthers Netball Club 2019**

Registration and uniform day for the Juniors and Seniors Saturday  
Comp is Saturday 9 February  
9.30am – 1pm  
Panthers RSL, Settlement City  
Enquiries: [portpanthersnetball@gmail.com](mailto:portpanthersnetball@gmail.com)



For girls and boys 8 and 9 years  
30 minutes of skills training followed with a 30 minute  
basketball game at the Indoor Stadium  
15 Week program  
Commencing 28 February at 5.15.

To register for this program go to [www.aussiehoops.com.au](http://www.aussiehoops.com.au)  
and click on the under 10's program  
active kids vouchers accepted

For more information call  
Shannon Wereta-Abbott on 0437 985 511



Birpai Local Aboriginal  
Land Council

The Burraydjarr YOUTH GROUP will commence on Wednesday 13<sup>th</sup> February 2019 as normal



**Join the Cricket Action where the Oval meets the Beach**

Port Macquarie Junior Cricket Club are keen for you to register for

**Woolworths Junior Blaster program for 5-9 Year Old's**

**\$99 for 8 weeks of fun skills and exciting modified games**

**Starts on Friday the 8<sup>th</sup> February (Free Come and Try first session)**

**Where: - Oxley Oval, When: - Fridays 4-5pm**

**Go to [PlayCricket.com.au](http://PlayCricket.com.au) enter your postcode to Register**

**Contact: Linda Perkins 0414 254 795 for more information**

Claim your ActiveKids voucher through [MyServiceNSW](http://MyServiceNSW), head to [www.playcricket.com.au](http://www.playcricket.com.au) and enter your voucher code

## Port Saints Football Club 2019 Season Registration

For further info and instructions on how to register to play football in 2019, go to [www.portsaints.com.au/registration](http://www.portsaints.com.au/registration)

Registration information sessions at the Clubhouse

Saturday 9 February and Saturday 16 February 2019, 9am – 11am



### Tennis lessons: Westport Tennis Club

- Classes after school or Saturday morning
- Boys and girls aged 5-12

Contact Mark 0412 834 336 for details

Registrations are now open for 2019 U6 – U16



**Saturday 9th February 2019 - McDonalds Settlement City 10am-2pm**

**Sunday 3<sup>rd</sup> March 2019 – Flynn's Beach 2pm-4pm**  
Season launch / rego day  
( free sausage sizzle)

Please contact - [registrar.juniorsharks@outlook.com](mailto:registrar.juniorsharks@outlook.com)

## Lake Cathie Raiders Soccer Club



### Registration 2019

Lake Cathie Public School, Ocean Drive, Lake Cathie

Friday 8 February 1.30pm – 5.30pm

Friday 15 February 1.30pm – 5.30pm

Watson's Caravans, Hastings River Drive, Port Macquarie

Saturday 9 February 10.00am – 12.00pm

### 2019 REGISTRATION DATES

All rego information at: [facebook.com/lakecathieraiders](https://facebook.com/lakecathieraiders) or [www.cathieraiders.org](http://www.cathieraiders.org)



Please follow our facebook page and the club website for all updates and important information.

[www.portcombinednc.nsw.netball.com.au](http://www.portcombinednc.nsw.netball.com.au)

<https://www.facebook.com/groups/363217393755173>



Any questions, please contact our registrar, Natalie Jordan, by email – [nataliejane.73@bigpond.com](mailto:nataliejane.73@bigpond.com) or by SMS 0429821146

Club Registration and Uniform date for PCNC will be held at Sportspower Port Macquarie on Saturday 9 February from 10am – 2pm.

## PortPhysie 2019 Class Times

Tuesday:

13-16 Yrs - 5.00-6.00pm

Elem Ladies 6.00-6.30pm

Adv Ladies 6.30-7.30pm

Wednesday:

Preschoolers - 3.45-4.30pm

5-8 Yrs - 4.30-5.15pm

9-12 Yrs - 5.15-6.00pm

at Hastings Public School

**Contact Cheryle on  
0408 231 253**



### EPphysie

Registered Provider



**\$200\***





## After School Surfing Term 1

Monday – Friday at Flynn's Beach. After school pick up



**SURF GROMS:** Learn to surf and surf awareness program for 5-12 year olds Saturday mornings 8.30am at Flynn's Beach 8 week program. This program is a fantastic way for the groms to start their surfing experience.  
[www.surfgroms.com](http://www.surfgroms.com)

SURF WITH  
**HUDDO**

**BOOK NOW @6584 7733**

[www.portmacquariesurfschool.com.au](http://www.portmacquariesurfschool.com.au)

PORT MACQUARIE  
**Surf school**



## All Girls Cricket

Sunday 24 February and Sunday 10 March, 9am-4pm

Ages 9- under 15

### Join in the fun!

Register NOW @ [playcricket.com.au](http://playcricket.com.au)

Search for Mid North Coast Junior Cricket Council

Choose single or both dates and Hard or Soft ball option.

Soft ball aimed at Under 11 but not mandatory

### Contact Information:

Kate Jackson

0478283238

[kate.jackson@cricketnsw.com.au](mailto:kate.jackson@cricketnsw.com.au)

## SENSE RUGBY

**Does your child need help to be part of a team or a group?**

Sense Rugby is a rugby based Occupational Therapy program and we are teaming up with All Together Therapy to launch at Port Macquarie!

We use modified rugby drills to help kids:

- Process sensory information
- Focus on activities
- Work on their coordination
- Manage their emotions
- Have fun with other kids!

**Come and try it at our launch day! Not only will it be free and fun, but it will be run by Australian Rugby Sevens Olympian – Jesse Parahi.**

**When:** Sunday 17<sup>th</sup> February 2019

**Time:** 9am – 2 pm (NB: hour time-slots allocated on sign-up)

**Where:** Oxley Oval, Port Macquarie, NSW 2444



Sign up on our website at

<http://www.senserugby.com.au/sign-up-for-free-launch-dates-here/> or contact on [Hello@senserugby.com.au](mailto:Hello@senserugby.com.au).

### Our Founders

Jesse Parahi

Jesse has been a regular fixture in the Rugby Sevens World Series for the past 6 years. He won a bronze medal at the Glasgow Commonwealth Games in 2014, participated in the Sevens Rugby World Cup in Moscow and was awarded the 2012 RUPA Rugby sevens excellence award. In 2015, he helped the team qualify for the Olympics in Rio and became an Australian Olympian in 2016.



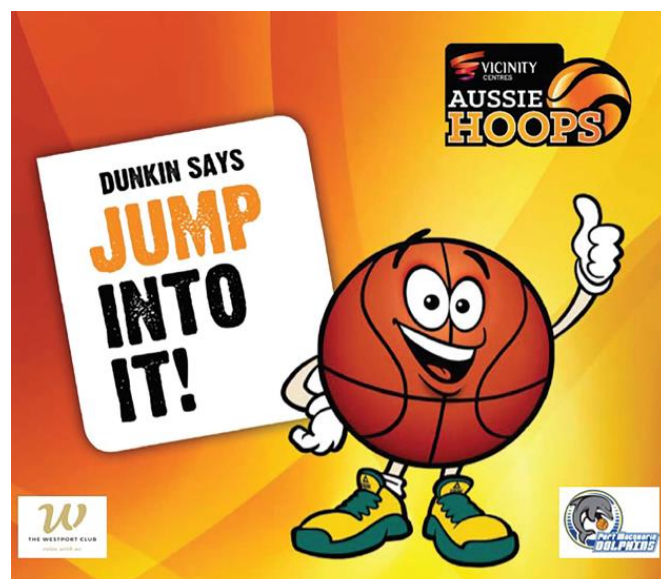
Carlien Parahi

Carlien is an experienced Paediatric Occupational Therapist who spends her days helping children and their families to get to the bottom of learning, developmental and social-emotional delays. She has significant experience in helping parents to understand more about and help children to overcome or improve Sensory Processing Disorders/difficulties, delays in gross motor or fine motor skill development, Autism Spectrum Disorders, Social-emotional difficulties, ADHD and many more. Carlien has a special interest in sport and its therapeutic use. Her empathetic nature and knowledge in child development has helped hundreds of children become more successful at their daily activities.

### GET IN TOUCH

[WWW.SENSERUGBY.COM.AU](http://WWW.SENSERUGBY.COM.AU)  
[HELLO@SENSERUGBY.COM.AU](mailto:HELLO@SENSERUGBY.COM.AU)  
PH: 0421 229 069

FACEBOOK: SENSERUGBY  
INSTAGRAM: @SENSERUGBY



**REGISTER NOW AT AUSSIEHOOPS.COM.AU**

**Under 8's "Learn to play" beginners basketball program**

ACTIVE KIDS VOUCHERS APPROVED AND ACCEPTED

- Thursday afternoons from 4:15pm – 5:15pm at the Indoor Stadium 1 Hibbard Dr, Port Macquarie.
- Age appropriate program designed for children 6 & 7 years old in 2019.
- The program will run for 15 weeks over 2 school terms. Commencing on Thursday 28<sup>th</sup> Of February with a break over school holidays and finishing on Thursday 27<sup>th</sup> of June.
- \$120 for new players, which includes a participant's pack basketball, bag and singlet!
- \$100 for returning players from previous Aussie Hoops Programs. (No pack)
- Nationally accredited coaches with the assistance of junior representative coaches.
- Provides fantastic preparation for participation in our Under 10's 30/30.
- Register now at "aussiehoops.com.au" and like us on Facebook at "Aussie Hoops Port Macquarie"
- PMBA contact: Shannon Wereta-Abbott on 0437 985 511





*Kids Party*  
*1 March 2019, 5-7pm*  
*Inflatable World*  
*Lake Road, Port Macquarie*  
*Ticket \$20*

*Ticket includes: 2 hours bouncing, 1 sausage sandwich, 1 popper, 1 zooper dooper*  
*Come along and support*

*Natalie Junge raise money for the Cancer Council*  
*call Natalie on 0421 888 561 - tickets must be pre-purchased*

*Proudly Supported by*



**Lighthouse Plaza  
Medical Centre**



**INFLATABLE WORLD**  
© The Ark Sports Centre  
 Port Macquarie, Australia



**2019 REGISTRATIONS  
NOW OPEN FOR ALL**

 **EST 2005  
FOOTBALL  
MID NORTH COAST**

\* Visit the FMNC website for registration information  
 (including Active Kids Voucher and How to Register) -  
[www.footballmidnorthcoast.com/2019-registrations](http://www.footballmidnorthcoast.com/2019-registrations)

\* Follow the Football Mid North Coast Facebook page  
 for regular information and updates.

\* FMNC Important Links webpage -  
[www.footballmidnorthcoast.com/important-fmnc-links](http://www.footballmidnorthcoast.com/important-fmnc-links)

 **REGISTER  
NOW!**



**Discovering  
new ways  
to be a  
great parent**



#### **Courses available:**

- **Circle of security**
- **The Incredible Years**
- **R.A.G.E.**
- **Triple P**
- **Tuning into Teens**

**Contact us for more**

#### **Get in touch**

**Uniting Burnside Port Macquarie**  
 7 Sherwood Road  
 Port Macquarie

T: 6581 6600  
 F: 6581 2210  
 E: [ewall@uniting.org](mailto:ewall@uniting.org)

#### **Hours**

Monday to Friday, 8.30am to 5pm

[uniting.org](http://uniting.org)

Uniting Burnside Children & Families Team is  
 funded by the Department of Community Services' Early  
 Intervention and Placement Prevention Program and Families NSW.

We welcome and acknowledge the valuable  
 support of volunteers. Without their generosity of  
 time and expertise, our programs would not be able  
 to function at the level they do.

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## **Better Parenting Strategies**

Parenting Programs  
 Port Macquarie

**January 2019**



**Uniting**