

# Tacking Point PS Newsletter

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Week 6, Term 1 2019

8 March 2019

## APPROACHING CALENDAR EVENTS

2019	
Wednesday 13 March	Selected Students: Aboriginal Afternoon tea
Thursday 14 March	Lower North Coast Boys Cricket – Port Macquarie
Friday 15 March	Lower North Coast Tennis – Port Macquarie Kindy – Year 2 Assembly 9.10am. Hosted by 2T Stage 2 Assembly 1.50pm. Hosted by 4B
Tuesday 19 March	Girls Cricket – Port Macquarie
Wednesday 20 March	NSW Netball Cup Lower North Coast AFL – Port Macquarie
Thursday 21 March	Lower North Coast Soccer – Port Macquarie
Friday 22 March	Kindy: 'The Gruffalo' excursion, Glasshouse
Tuesday 26 March	North Coast Tennis – Grafton
Wednesday 27 March	Canteen Committee meeting – Staffroom. 2-3pm
Monday 1 April	North Coast Soccer Trials – Grafton Year 2: Timbertown excursion
Wednesday 3 April	North Coast AFL – Coffs Harbour
Thursday 4 April	Lower North Coast Rugby League – Lake Cathie
Friday 5 April	Lower North Coast Hockey – Port Macquarie
Monday 8 April	North Coast Boys Cricket
Tuesday 9 April	District Netball trials – Port Macquarie
Thursday 11 April	State Swimming Kindy – Year 6: Easter Hat Parade
Friday 12 April	Last Day of Term 1
Monday 29 April	Term 2 – Staff Development Day. Staff only
Tuesday 30 April	Students return for Term 2

### Dates for the Diary

Mon 3 – Fri 7 June	Year 6 Canberra
Wed 1 – Thu 2 May	School Photos
29 May – 31 May	Year 4 Point Wolstoncroft
22 – 24 May	Year 5 Collaroy Centre

*From the Desk of Mr Harris*

Dear Parents and Caregivers,

A warm welcome to Week 6.

The term is progressing quickly and our children are working beautifully. Our interruption free mornings are enabling a solid 2 hours in the morning session, to maximise learning.

A few parents have asked if it is too late to make an interview with teachers. The answer is NO! Please contact your child's teacher and an interview can be arranged. Being proactive with our children is important to ensure any concerns are dealt with quickly. Our teachers will do the same!

We have a number of major excursions approaching and there will be deadlines in regards to payments and medical notes. We ask all parents to note these dates and organise payments by the due dates. Once numbers are finalised with these excursions, additional places cannot be offered. As you can imagine, we are guided by the policies of bus companies, accommodation and venues being visited.

Our AGM for the P and C was held this week. It was a wonderful evening with lots of planning for 2019, including the election of our 2019 executive. The only position not filled on the evening was the presidency. We are very appreciative of the gift of time that goes with being on the P and C and I'm sure the position will be filled soon. My many thanks to everyone who attended the evening. The successful candidates are mentioned in the P and C section of our eNewsletter.

A big thankyou to our outgoing 2018 P and C and we thank you, for all you have done for our school. Your support and passion for our children is noted and appreciated. Congratulations to the 2019 P and C team and we wish you all the best. A new chapter has started and last Monday proved that the new chapter will be a productive and collegial team.

This week, I would like to update all community members on the School Community Charter, which is now accessible on the Department of Education's website. The School Community Charter formalises our partnerships with parents and focuses on the positive interactions between school staff and families. It also reminds parents and carers, that schools will take steps to address unacceptable behaviour to ensure the wellbeing of students, staff and the school community.

The charter has been developed in consultation with a wide range of stakeholders and outlines the important role parents and carers play in our school communities. The charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are: - collaborative - supportive, and - cohesive. Please read the charter included in this newsletter and ensure that all communication with the school is respectful and that consideration is given to the unique nature of a primary school. Respectful communication is a right - in all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in any school community.

To ensure the wellbeing of students, staff and the community in our schools, steps are being taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police. Please ensure that all communication when contacting the school, regardless of whether it is face to face, phone calls, written communication or social media is appropriate and respectful.

A small request from our office to return money in paper envelopes as opposed to plastic snaplock bags. As you can imagine, we receive a great deal and with the school trying to be more sustainable (as these bags are not biodegradable), we are requesting envelopes, as these can be recycled.

A request from the office, that when collecting children, proof of identity may be requested. This is a departmental practice, in which ID must match the contact information provided by parents. If this doesn't "match", unfortunately no children can be released.

**Phil Harris - Principal**

## **BE SAFE**

We were fortunate to have Constable Wendy visit our school recently and talk about Road Safety with Kindergarten and Cyberbullying to our Stage 3 students.

### Road Safety

Some important tips Kindergarten about road safety from Constable Wendy were:

- Always use a pedestrian crossing. At Tacking Point Public School we have two pedestrian crossings that are clearly marked for the safety of our students and community.
- Always hold an adults hand when crossing the road
- Stop, look and listen for cars before you cross the road – even when using a pedestrian crossing.



### Cyberbullying



Cyberbullying is the repeated use of the internet, mobile phones and other technologies to bully, intimidate and humiliate others. It differs from other bullying because it often continues outside of school and school hours. It can be 24/7 and sometimes you may not know who is behind it.

### Top Ten tips:

- Use a strong password. A combination of upper and lower case letters, numbers and symbols
- Use secure web browsers which are those with *https* the start of the URL
- Update your operating system regularly and have antivirus software installed
- Avoid opening and responding to emails from people that you don't know
- Don't give out private information over the internet
- Only accept friend requests from people that you *know* and *trust*
- Think before you post! Once you have pressed 'Send' you can't get that back. It could end up anywhere. You are creating a **digital footprint** for life!
- Make sure your social media accounts are set to private or friends only
- Tell your friends to ask for your permission before uploading or tagging you in a photo
- Don't post inappropriate or illegal content
- Parents should have access to your device and accounts at all times.

The main message to the Stage 3 students was for them to understand that Cyberbullying hurts people. It can ruin lives. There could even be legal consequences for harassing or threatening someone online. Also to know where they can go for help and speak to an adult you trust if something makes you feel uncomfortable.

The other extremely important message to everyone is that parents NEED TO share and check their children's devices – we have to protect them.

Stay Safe....

**Kelly Jordan and Trevor Thompson**



# Hastings Sustainability Showcase

Last Friday, I was very fortunate enough to take 4 students to represent our school at the Hastings Sustainability Showcase. The girls, Juliette, Ava, Ziva and Daisy spoke to other schools about what sustainability means to them and how sustainability fits in our school. Ziva and Ava have written their own recounts on the day and they will also be presenting at their stage assemblies to inspire their peers. We also got to say hello to Costa Georgiades and at the end, we got together to make a 'Sustainability Community'. It was great to see these girls work together with other students from nearby schools.

last friday me and three other girls went to the hastings Sustainability Showcase. There was loads of exhibits like a bike that made a smoothie and lots of the exhibits were informing you how to be sustainable. We met Costa and each school did a slideshow. We just said a couple of things about our chickens and our garden. Then we made a sustainable community using old things like fabric, used egg cartons, coffee containers and more! I had so much fun - Ava 5A

## Lina Jackson - Sustainability Coordinator

The sustainability showcase was located at the Port Macquarie racecourse. It was opened to all sorts of environmentally friendly interventions, some were even showcased as specimens for e.g. plants, snakes, and lizards.

We were extremely lucky to be able to introduce ourselves to sustainability guru, Costa, who spoke to us about how we can help protect our Earth and organic supplies for the future generation, and for our last task we used our creativity to build a community using recycled materials.

By: Juliet 6N



I think the Sustainability Showcase was very fun!

It represents sustainability in all unique ways. The stalls were very good and had very interesting things. One example was solar heat which heats your cold water and turns it into hot water because of the sun.

There was a stall that has a special bicycle that was pegged into the ground with a smoothie blender on the front. They put some banana, yoghurt and milk into the blender then the lady hopped on the bike and started peddling. As she was peddling it mixed up the smoothie, I thought this was fantastic and a great sustainable way to make a smoothie. Everyone should have this in their kitchen.

There was a stall that you had to dig for worms and they had a big barrel that had moist soil and full of worms. You had to find the worms and if you did you got a sticker that said, "worm warriors".

Another stall had free-range eggs. They had pictures of their farm with lots of green grass, free-range chickens and animals.

Some of the other stalls had natural essential oils for sale and many more.

With all the sustainable things I learnt I will try and make my family live in sustainable ways.

We participated in a workshop where we listened to all the different schools and their presentations on what they do in their school to be more sustainable.

One school had very small red bins but big yellow and green bins. They recycled a lot. Another school called nature school used natural items such as sticks to do maths and measuring. They also made tie dyed shirts using natural dye.

Many schools had vegetable patches and their environment teams picked the vegetables.

Lloyd bought in a bike that he made with his high school students that was electric and he rode it to school and to charge it you had to pedal.

I met and hugged Costa who helped us in the workshop with coming up with ideas on how to be sustainable in schools and be sustainable people.

We made a sustainable community using recycled materials.

By Ziva 3/4M

### *The "Tell them from Me" Student feedback survey*

We are delighted that this term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the **Tell Them From Me** student feedback survey.

The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

You may remember that our students also participated in a **Tell Them From Me** student survey for the past 3 years and will again this year in Term 1 and 3. Asking students to complete the survey twice in one year, allows us to identify trends in student responses as well as track engagement and motivation across the school year.

The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the **Tell Them From Me** survey to help improve how they do things at school.

Students in Years 4, 5 and 6 will be invited to participate. We can assure you that the survey is confidential as it is conducted online and it will typically take less than 30 minutes to complete. It will be administered during school hours during this term. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey has been sent home with students. If you **do not** want your child or children to participate, please inform the school by **Friday 15<sup>th</sup> March 2019**.

*More information about the survey is available at:*

<http://surveys.cese.nsw.gov.au/information-for-parents>

Copies of the form and FAQs are available from:

<http://surveys.cese.nsw.gov.au/information-for-parents>.

## **Kelly Jordan - Deputy Principal**

### *From the Library*

Congratulations to the children and their families who have completed their Read Aloud Bookmarks this week Term 1 Weeks 5 and 6:

**K/1W** Isa Balkin, Ryan Campbell, Joshua Harris, Zac Richardson **1K** Eden Barnes, Louis Burton, Lolani Collyer, Coco Cox, Willow Giddins, Wolf Nuyttens, Sam Pomroy, Willow Trethewey **1R** Flynn Apthorpe, Jayden Ashley, Lilly Boss, Piper Chippendale, Grace Finney **1V** Parker Begg, Lucas Browne, Harriet Houghton, Jack Morris, Chloe Moye, Soetkin Nuyttens, Abbey Trethewey **2I** Alex Boath, Charlie Byrne **2J** Mahalia Anderson, Ellis Bibel, Olivia Hamilton, Allirah Rootes **2S** James Mace **2T** Chloe Beazley, Indigo Duncan, Noah Harris, Ben Ryan, Kobie Smith **3/4M** Grace Ashton, Siena Button, Mikayla Campbell, Evie Hewens, Lillie Merrell **3D** Zayden Keedle, Lucy Pratt **3J** Alice Beard, Wally Bull, Lila Duncan, Annie Randall, Ollie Zavone **3H** Lily Castiglioni, Grace Morris, Noah Richards **4B** Lucas Boath, Will Clark, Charlie Long, James Owen, Addison Williams **5/6N** Isabella Campbell, Chloe Keedle, Erin Rapley **5B** Joseph Grattan, Anastasia Griffiths, Lucy Richards, Jayden Rootes **5L** Amahli Baker, Marli Connerty **5R** Zen Steep-O'Brien **6N** Eloise Chetwynd **6T** Kelli Williams

## **Lea Horan - Teacher Librarian**

### *Clean Up Australia Day 2019*

Thank you Tacking Point students for picking up rubbish around the school grounds on Friday. By participating in the Clean Up Australia Day activity, it showed us how much rubbish can be recycled and sorted into the different bins.

## **Lina Jackson**

### **Clean Up Australia Day Coordinator**



## Meet the 2019 Environment Team

Ben White came in on Monday to meet the Environment Team for 2019 and discuss some ideas they can be involved with looking after our Environment. Thank you Ben for the Sustainability bags.

### Kate Jones and Brad Pees - Environment Team



## Canteen

The Canteen is looking for volunteers, one day per month 10am until 2pm. Please contact the canteen if you can help!

Due to the Earn and Return recycling scheme, all drinks (except water and milkshakes) have increased by 0.20c. Fresh fruit is now 0.80c and fruit tubs are now \$1.

All are welcome to attend the Canteen Meeting on the 27 March, in the staffroom at 2pm.

## CANTEEN ROSTER

You can place lunch orders via the P&C's site <http://www.flexischools.com.au>

Mon 11/3	D. Gleave	<b>HELP PLEASE</b>
Tue 12/3	C. Baker	C. Desmares
Wed 13/3	R. Brennan	T. Duncan
Thur 14/3	R. Brennan	A. Brinkman
Fri 15/3	L. Wiggins	D. Tinnock
Mon 18/3	D. Gleave	L. Speedy
Tue 19/3	R. Brennan	T. Duncan
Wed 20/3	V. Wilson	H. Ryan
Thurs 21/3	J. Moye	R. Brennan
Fri 22/3	H. Ryan	M. Brumby

In accordance with WH&S regulations, it would be appreciated if volunteers could please wear enclosed footwear and have long hair tied back. Thanks Leanne and Sandy.

## UNIFORM SHOP

Open Mondays & Wednesdays 8.30 – 9.00am

Location: Assembly Hall

Uniforms can be viewed and purchased via the P&C's site <http://www.flexischools.com.au>

Thank you to everyone who attended our AGM and March meeting on Monday, March 4. Congratulations to our newly elected executive committee and officeholders:

*Mick Gavel - Vice President*

*Jo Houghton - Vice President*

*Liz Inman - Treasurer*

*Jane Moye - Secretary*

*Ben Rabie - Communications Committee Coordinator*

*Connie Button - Events Committee Coordinator*

*Di Gleave - Canteen Committee Coordinator*

*Shannon Larkin - Sustainability & Gardens Committee Coordinator*

**The office of President remains open and we are seeking someone to fill this role by joining our engaged and supportive team.**

If you are interested in learning about our P&C or would like to be involved in any of our committees, please email [secretary@tackingpointpandc.org.au](mailto:secretary@tackingpointpandc.org.au) to receive meeting minutes and be included in our correspondence. Thank you to the new members who attended our meeting on March 4th, we are thrilled to have you with us.

We will look forward to seeing you and a friend at our next meeting on Monday, April 1 at 7:30pm in the TPPS Staff Room.

Thanks,  
**TPPS P&C**







Fact sheet

# CYBERBULLYING

Follow us: [@ThinkUKnow\\_Aus](#) [facebook.com/ThinkUKnowAustralia](#)

Cyberbullying is the repeated use of the internet, mobile phones and other technologies to bully, intimidate and humiliate others. It differs from other bullying because it often continues outside of school and school hours. It can be 24/7 and sometimes you may not know who is behind it.

### What does cyberbullying look like?

Cyberbullying might occur over the internet, in instant messaging (IM), social networking sites, blogs or through online gaming. It can also occur over the phone, by SMS or MMS, or voice and video calls.

### Why do people cyberbully?

There are a number of reasons why people might cyberbully others, including:

- think it's amusing
- don't like the person
- don't consider it to be a big deal, "it's just words"
- don't believe there are any consequences
- think they can be anonymous

None of these reasons, or any others, can justify cyberbullying.

### What are the effects of cyberbullying?

Things that happen on the internet or mobile phones can have offline consequences. Some of the effects of cyberbullying may be:

- anger
- embarrassment
- fear
- poor performance at school
- loss of confidence and self-esteem
- revenge cyberbullying or retaliation
- self-harm, even suicide

Cyberbullying hurts people. It can ruin lives. There could even be legal consequences for harassing or threatening someone online.

Most importantly, know where you can go for help! Speak to an adult you trust if something makes you feel uncomfortable. You can also contact:

- Reach Out: [www.reachout.com.au](http://www.reachout.com.au)
- Bullying. No Way!: [www.bullyingnoway.com.au](http://www.bullyingnoway.com.au)
- Kids Helpline: 1800 55 1800
- Youth Beyond Blue: [www.youthbeyondblue.com](http://www.youthbeyondblue.com)
- The website, application or phone carrier that you were using at the time

### What can you do about cyberbullying?

**Don't start it!** Cyberbullying is never acceptable. Think before you post something mean, or send someone a hurtful message.

**Don't be a part of it!** As a bystander, you can do something to stop cyberbullying. If someone tries to get you involved in cyberbullying, say NO.

**Don't let it get out of control!** You need to tell someone if you are being cyberbullied so that they can help you to make it stop.

**Stand up!** Be an active bystander and tell a trusted adult if you see cyberbullying occurring.

### How can you stay in control?

- learn how to block and report unwanted communications
- find out your school's policy on cyberbullying
- research what policies your Internet Service Provider (ISP) and any online sites and applications you are using have on cyberbullying
- tell someone!

### How can you help your friends?

- support the person who is being bullied - you never know when you might need help too
- encourage them to speak to a trusted adult
- don't forward or pass on any cyberbullying materials such as links to humiliating videos or gossip texts
- create a positive culture in your school and community which doesn't tolerate bullying in any form





Fact sheet

# CYBER SAFETY top ten tips for youth

Follow us:  @ThinkUKnow\_Aus  facebook.com/ThinkUKnowAustralia

The internet and mobile phones provide great ways to express yourself and communicate with others. It's important to make sure they're used responsibly so that everyone has an enjoyable online experience.

It's all about respecting yourself and others.

1. Use a **strong password**, a combination of upper and lower case letters, numbers and symbols, eg P@\$w0rd!
2. Use **secure web browsers**, those with https at the start of the URL and a padlock or other indication that it is secure, when sharing sensitive information.
3. Update your **operating system** regularly and make sure you have **antivirus** software installed on your computer and other devices – phones too!
4. Avoid opening or responding to emails from people you do not know and aren't expecting – They could contain a virus or malicious software.
5. Don't give out **private information** over the internet or mobile phones about you, your family and friends. Also think about what information might be contained in photos you share.
6. Only accept **friend requests** from people you know and trust. When it comes to friends and followers online it is not a popularity contest!
7. **Think before you post!** Once you've pressed 'Send' you can't get that back. Who might see that photo, video or comment? Where might it end up?
8. Make sure your social media accounts are set to **private or friends only!** Also make sure you check your privacy settings regularly as they can change without you knowing.
9. Tell your friends to ask for **your permission** before uploading or tagging you in a photo – Make sure you do the same!
10. Don't post **inappropriate or illegal** content - It is impossible to permanently delete digital content once it has been shared.

Most importantly, know where you can go for help! Speak to an adult you trust if something makes you feel uncomfortable online or on a mobile phone. You can also contact:

- Reach Out: [www.reachout.com.au](http://www.reachout.com.au)
- Bullying. No Way!: [www.bullyingnoway.com.au](http://www.bullyingnoway.com.au)
- Kids Helpline: 1800 55 1800
- Youth Beyond Blue: [www.youthbeyondblue.com](http://www.youthbeyondblue.com)
- The **website, application or phone carrier** that you were using at the time



For more information visit [www.thinkuknow.org.au](http://www.thinkuknow.org.au)



# School Community Charter

**Collaborative. Respectful. Communication.**

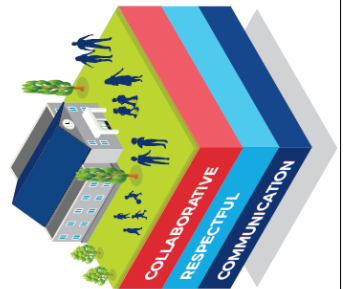
The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

## What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 - 2022.



**We treat each other with respect**

**We prioritise the wellbeing of all students and staff**

**Unsafe behaviour is not acceptable in our schools**

**We work together with the school**

## Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

- Parents and carers can expect:
  - to be welcomed into our schools to work in partnership to promote student learning.
  - communication from school staff will be timely, polite and informative.
  - professional relationships with school staff are based on transparency, honesty and mutual respect.
  - to be treated fairly. Tolerance and understanding are promoted as we respect diversity.

**Ensuring respectful learning environments for all members of NSW Public Schools communities.**

© NSW Department of Education



**We create collaborative learning environments**

**We all play a part**

**We work in partnership to promote student learning**

## Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media to connect with your school and stay up-to-date with up-coming events in the school community.

Our guide for parents, carers and students provides useful information about the complaints process: [education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students](http://education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students)

## Respectful communication is a right

In all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in our school communities.

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.

## Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.



**Collaborative. Respectful. Communication.**

School Community Charter  
[education.nsw.gov.au](http://education.nsw.gov.au)

## Comboyne Show

Saturday 16 March and Sunday 17 March from 9am-3pm

A wonderful family day out – well worth the drive up to the gorgeous Comboyne Plateau! Pavilion exhibitions of art, craft, photography, baking, preserves, flowers, fresh produce, home brew beer; all day both days.

Very entertaining variety of horse events in the show ring over both days  
Agricultural equipment displays. Demonstrations of setting up a bee hive, hand churned ice cream making (with free samples for the kids) spinning and felt making, cheese and sourdough bread making, preserving vegetables just on Saturday.

Pony rides, face painting, amusement rides, poultry, dog championships just on Saturday.  
Coffee cart - Great food – ploughman's lunch, barbecue, freshly made salad rolls, Devonshire teas, Asian food, famous Comboyne homemade cakes and slices.  
\$5 per adult. Children under 16 free. Free parking.

### SOME OF OUR BUSES NOW HAVE SEAT BELTS THEY'RE BRAND NEW!

1

If there's a seat belt on your seat make sure you wear it, the way you do while traveling in the car.



2

Your bus driver's job is to keep everyone safe and they need to pay attention to the road while driving.



3

There are three seat belts on the seat, enough for students sitting by themselves or in twos or threes.



Dear Parents and Guardians,

Busways has just introduced new buses into our fleet which feature seat belts for passengers. The first vehicles have arrived in June 2018 and we'll continue to get more over the next couple of years under the NSW government's plan to have all school services in regional NSW operated by a seat belt-fitted fleet by 2021.

By law, all drivers and passengers must use the seat belts in any vehicle that is fitted with them.

Before our drivers operate a seat belt-fitted bus we will conduct training covering seatbelt regulations and their responsibilities.

Additionally, we will conduct an induction with the students on the first day of operation covering the expectation that they must wear the seatbelts while traveling in the bus.

While bus drivers will verbally remind students to fasten their seatbelts, it is the student's responsibility to buckle themselves in. The driver's responsibility is to operate services safely and efficiently. The attention they need to give this will prevent them from being able to closely monitor or enforce student adherence.

It would be a great assistance if you can help by talking to your children about wearing their seat belts on the bus without waiting to be asked. It is just like getting in the car – if there is a seat belt on their seat, they need to buckle up.

If you would like any more information about the new buses or would like to talk to us, please contact Busways' Customer Service Department at [Infoline@busways.com.au](mailto:Infoline@busways.com.au) and we'll be happy to help.

Thank you for your support.

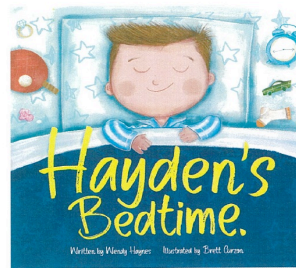
## AUDITIONS NOW OPEN FOR 2020

Application to AUDITION for Con High entering 2020 are now open.

Go to <https://conhigh.nsw.edu.au>

APPLY tab then 2020 Entry Application.

Closing date for registration is 7th June 2019.



A book launch with a twist. Bring the kids down for an afternoon of fun, laughs, and storytelling with author Wendy Haynes

To celebrate the launch of my first picture book I'm throwing a pyjama party, and you're invited. Grab a **FREE ticket for each of the kids**; this gives them a choice of soft drink or juice, and a biscuit or a fruit cup on arrival.

Then join me in the reading corner for storytelling time. After storytime, you are welcome to come and collect any signed preordered books or buy your book on the day, and enjoy the many activities for the kids.

Watch how to make balloon animals, play Fox & Hen, join the colouring in competitions (prizes to be won), chase bubbles outside on the tennis court, and find out who will be crowned the King & Queen of pyjamas.

### KIDS WEAR YOUR FAVOURITE PYJAMAS

To find out more.

Grab your tickets here <https://www.eventbrite.com.au/e/the-pyjama-party-tickets-55849589626>

Saturday 30th March from 4-6 pm at Blue Water Restaurant & Bar

## BECOME A HOST FAMILY IN JULY 2019!



REQUEST A FREE INFO PACK / SMS 'HOST' to 0428 246 633

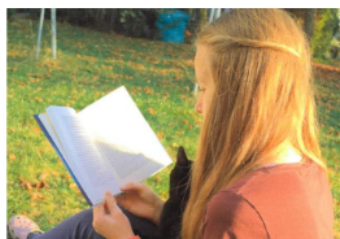


### HOSTING AT A GLANCE:

- Hosting is voluntary
- You choose your student
- Students attend high school full time
- 24/7 support provided
- Host families come from all over the state
- Students come from all over the world and stay for a short term (8-10 weeks), a semester or a year.

### HEAR FROM A HOST MUM

"Hosting has been one of the most rewarding and exciting experiences for our family. Romane, our student, was definitely one of the most kind and pleasant people we have met and right from the start was a perfect fit for our family. Being able to share this experience has had a positive effect on all of my young children."  
Host mum, Candice.



### CAMILLA (16) ITALY

Ciao!  
The list of activities I like to do in my free time is long, so I am never bored! Singing is my biggest passion and I hope to become a singer one day. I love reading. I also really enjoy photography. When it comes to sport, swimming and basketball are on top of my list! Thank you if you are going to choose me. I promise I'll be a perfect "daughter"!

MORE PROFILES: [WEP.ORG.AU/HOST](http://WEP.ORG.AU/HOST)

[WEP.ORG.AU/HOST](http://WEP.ORG.AU/HOST) / 1300 884 733 / [INFO@WEP.ORG.AU](mailto:INFO@WEP.ORG.AU)



### Knockout Health Challenge

Mid North Coast Local Health District is seeking Aboriginal Community members in Port Macquarie and Wauchope aged 16 years and older, interested in registering for the for the upcoming Knockout Health Challenge.

THE CHALLENGE runs for 10 WEEKS and aims to motivate Aboriginal people to manage their lifestyle-related risk factors for chronic disease and reduce prevalence of overweight and obesity through a weight loss competition and physical activity challenges.

Registration opens: **25th February 2019**

Pre Challenge: **18th– 29th March 2019**

Challenge Start: **1st April 2019**

Challenge Finish: **7th June 2019**

**This program will include exercise catering for all ages, fitness and skill levels.**

Registrations will take place at **Birpai Local Aboriginal Lands Council**

- Thursday 28th February 10:00 am – 11:00 am
- Thursday 7th March 1:00 pm – 2:00 pm

Registrations will take place at **Bunyah Local Aboriginal Lands Council**

- Tuesday 26th February 10:00 am – 11:00 am
- Tuesday 5th March 1:00 pm – 2:00 pm

If you would like to register and cannot attend these sessions or have any questions;

Contact **Jess Morris on 6588 2896** or [Jessica.Morris@health.nsw.gov.au](mailto:Jessica.Morris@health.nsw.gov.au)

Checkout the Facebook Page: <https://www.facebook.com/NSWKnockoutChallenge/>

# Approaching Our School

*A parent and community guide for seeking information and expressing concerns*

From time to time, parents or other members of the school community may need to approach the school in order to:

- Discuss the progress or welfare of own child
- Express concern about actions of other students
- Enquire about school policy or practice
- Express other various concerns

It is therefore necessary, to have procedures that will help solve problems as soon as possible so that a safe and harmonious school environment is maintained.

The best results usually flow from working together.

These guidelines aim to:

- provide a guide in order that concerns are dealt with in an open and fair manner.
- ensure that the rights of students, teachers and parents are respected and upheld.
- support sensitivity and confidentiality.
- help reach an agreed solution

On occasions, concerns may cause frustration and anxiety. At such times, it is always important to organise a time to talk with school staff in an unhurried and confidential atmosphere.

**Please note under no circumstances should parents ever speak to other children or interrupt classroom learning to discuss an issue. Schools need always remain a safe environment for all.**

Teachers,  
parents and community working  
together for successful  
schooling

#httpsleadingtheway



CONCERN	APPROPRIATE ACTION
The academic progress of own child	Directly contact the child's teacher either by note, by phone or in person to arrange a suitable time to discuss any issues.
The welfare of own child	For minor issues directly contact your child's teacher to clarify information. For more serious concerns, contact office. State nature of concern and arrange a suitable time to talk with class teacher or appropriate staff member. To convey information about change of address, telephone number, emergency contact, custody details, health issues etc. Please contact the office.
Actions of other students	Contact the class teacher for a classroom problem. Contact the classroom teacher, then Stage AP, then Mrs Jordan/Mr Thompson (DP's) and finally Mr Harris for any playground problems.
School policy or practice	Contact office. State nature of concern and make an appointment to see Mrs Jordan/Mr Thompson; then Mr Harris or an appropriate member of staff.

Tacking Point PS Staff, 2019