

# Tacking Point PS Newsletter

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Week 6, Term 2 2019

7 June 2019

## APPROACHING CALENDAR EVENTS

2019	
Monday 10 June	Queen's Birthday Public Holiday
Tuesday 11 June	NC Touch Football – Grafton
Wednesday 12 June	K-1: Responsible Pet visit Boys Soccer – Tuffins Lane 10am
Thursday 13 June	Girls Cricket, Wayne Richards Park
Friday 14 June	Year 2: Responsible Pet visit PSSA Netball
Monday 17 – Tues 18 June	Dance Festival
Thursday 20 June	Dance Festival Showcase
Friday 21 June	NC Cross Country – Nana Glen <b>NO K-2 Assembly</b>
Monday 24 June	Year 3-6: Athletics Carnival ( <b>volunteers required</b> for Canteen and general assistance)
Mon 24 June – Fri 5 July	Life Education
Thursday 27 June	Stage 2 & 3: Public Speaking Finals Kindy 2020 Teddy Bears Picnic
Friday 28 June	Reports sent home <b>NO K-2 Assembly</b>
Thursday 4 July	District Public Speaking Year 1: Billabong Zoo Excursion
<b>Friday 5<sup>th</sup> July</b>	<b>Last day of Term 2</b> <b>Canteen closed</b>
<b>Monday 22 July</b>	<b>Staff Development Day – No students</b>
<b>Tuesday 23 July</b>	<b>First Day of Term 3 for students</b>
Thursday 25 July	Year 6: Debating
Thursday 1 August	Year 6: Debating
Thursday 8 August	Open Day / Stem Fair
Tuesday 13 August	Year 3 and 4: The Twits, Glasshouse excursion

\*\* All assemblies will be on the basketball for the duration of Term 2 and will be subject to weather.

During this time the duration of assemblies will be shortened and will be reduced to awards presentations.

## From the Desk of Mr Harris

Dear Parents and Teachers,

This week concludes our major excursions (4-6) with Year 6 travelling back from a very educational and informative week in Canberra.

With so many schools in Canberra learning about democracy and our national capital, I must say it's been a privilege to be with our group. Our children have been well-mannered and worn their uniform with pride. We have received many compliments and our children have learnt and seen many firsts..... including a white frost!

Many thanks to our Year 6 teachers and our wonderful parents for their gift of time in being away from home..... Mrs Nelson, Mrs Norman, Mrs Toft, Mr Bale, Tim Smead, Al Page, Kim Gunthorpe, Katherine Williams. It was wonderful to spend the time with you over the last week.

At the end of the term we have some teachers taking Long Service Leave. Mrs Norman, Mrs Wignall and Ms Horan will be on leave in Week 10. Mrs Jackson will be away for almost a term and Mrs Ramm will be teaching 2J. We wish them all a lovely holiday.

Have an enjoyable long weekend.

**Phil Harris**



### Traffic and Playground

A huge thank you to our parents who are collecting their children in the afternoons. I have been up at the top of the school every day this week and the traffic flow and courtesy was excellent. Thanks very much. We are all working together to keep our children safe... even in extreme weather conditions – winter arrived this week!



Students, staff and parents are to be congratulated on how well we are coping with the hall upgrade. Everyone has accommodated the ongoing interruption in our school and we are grateful for your support. The builders are on track with the completion date at the beginning of term 3.

### Major Excursions

This week sees the end of three of four major excursions that we have at Tacking Point PS. Congratulations to all of the students who went away and made the most of the opportunities that were opened to them. Staff reports have been full of accolades for so many of the students, expressing their delight when students were able to push themselves, take risks and show responsible and respectful behaviours amongst peers and adults.

A massive thank you must go to all staff members that partake in overnight excursions; these wonderful opportunities would not be available if we didn't have staff supporting them ... next time you see one of our teachers that were part of these excursions ... have a chat, as they have some great insight to the time spent away with your child.



### Reporting and Assessment

Teachers are super busy assessing and writing the Semester 1 reports. The reports this year will be accompanied by 'Learning Conversations'. These are conversations with the class teacher, your child and you, they will be offered either at the end of this term or during the beginning of term 3. Be sure to watch for upcoming notes sent home to book in a suitable time for your family.

### Updating Contact Details

Please contact the office if you have changed phone or contact details for your children so we have the current details readily on hand should we need to call you.

### Accepting Enrolments for 2020

If you have a child who will be starting school at Tacking Point Public School in 2020, we are accepting enrolments now. It is a good idea to bring in your forms early as you will then be placed on the contact list for any special orientation days and classroom visits. Please come in and meet with us to help ensure the beginning of your child's primary school journey is a positive start for all.



### Too Sick for School?

It's often hard to know whether to send your child to school or let them stay home to recover, especially when that means an adult cancelling work. For safety's sake, if your child seems unwell you should always keep them home from school and seek medical advice.

School A to Z and the NSW Health have created an at-a-glance chart to help answer your questions about common childhood illness and how long sick kids need to miss school. Find it by typing this link into your web browser below:

<http://www.bit.ly/1hytn2E>

### Thought for the week:

*'Treating people with understanding, respect and honesty is the foundation of success'*  
Unknown

**Kelly Jordan - Deputy Principal**

## If only every day was Wacky Wednesday!

Our school is a diverse place. Apart from the great teaching and learning happening in our classrooms, there are the 'extra' things and events that our wonderful teachers organise that make coming to Tacking Point special. The last few weeks has been no different with camps, festivals, day outings, classroom visits just to name a few. This week Kindergarten had Wacky Wednesday. The crazy hair and wacky outfits, accompanied by the look of pure joy and excitement of being in the classroom. It was priceless and I commend our wonderful Kindergarten teachers for their enthusiasm and effort in making it such a fun day. There was slime making, chocolate eating, biscuit designing, shaving cream painting and lots of fun and play. What else would you rather be doing on a cold winter's day in Kindergarten?

**Trevor Thompson**  
**Deputy Principal**

Children want  
the same things  
we want. To laugh,  
to be challenged,  
to be entertained,  
and delighted.

DR. SEUSS



## School Communication

We communicate with our parent community via the Skoolbag app, if you have not yet downloaded the Skoolbag app, please follow the below instructions to download the app.

If you downloaded the Skoolbag app more than a year ago, you will need to delete and redownload the app and create an account.

Did you know you can use the Skoolbag app for the following:

Add one or multiple schools to your app

- Subscribe to specific groups relevant to you (e.g. Year 4, Band, Staff Updates, P&C Updates)
- Receive instant notifications
- Browse the event calendar, view maps, and add events to your personal calendar
- View school newsletters
- The school profile includes links to key systems all in one place (e.g. parent portal, canteen, parent teacher interviews and more)
- eForms (Absentee, School Surveys and more)

## How to install the SkoolBag app

instructions for parents and community

1. Get your favourite mobile device
2. Open the App Store/Play Store
3. Search for "SkoolBag"
4. Download the free app
5. Open the app and add your school(s)

for Apple users



for Android users



for more info visit [skoolbag.com.au](http://skoolbag.com.au)

SkoolBag

## From the Library Information and Resource Centre

Congratulations to the children and their families who have completed their Read Aloud Bookmarks this week Term 2 Weeks 5 and 6:

**K/1W** Indigo English **KC** Emily Ashton, Rylee Chambers, Evie Noble, Zali O'Neill, Liam Rowe  
**KE** Henry Shepherd **KO** Chloe Hall **1K** Amelia Ryan **1R** Flynn Apthorpe **1V** Parker Begg **2I** Darcey McWilliams **2J** Mahalia Anderson, Ellis Bibel, Olivia Hamilton, Roxanne Holmes, Adler Robinson, Allirah Rootes **2S** Ruby Lo-Monaco **2T** Sacha Cavaco **3/4M** Grace Ashton, Siena Button **3D** Sakura Attwood, Amelia Maestri **3H** Lily Castiglioni, Tahlia Hall, Grace Morris, Riley Morrison, Noah Richards **3J** Maxine Smith

**Ms Lea Horan**  
**Teacher Librarian**

## Year 2 Sea Acres Rainforest Visit

Year 2 visit Sea Acres Rainforest, Shelly Beach and Harrys Lookout. We were so lucky to see whales and dolphins from Harry's Lookout.



## Tuckerbox Canteen

The Tuckerbox will be closed on the last day of term, Friday 5 July, for cleaning and stocktake. There will be NO counter sales and NO lunch orders available.

### TUCKERBOX ROSTER

You can place lunch orders via the P&C's site <http://www.flexischools.com.au>

Mon 10/6	<b>Public Holiday – Canteen closed</b>		
Tues 11/6	C. Baker	<b>Help please</b>	
Wed 12/6	S. Shepherd	R. Brennan	
Thurs 13/6	M. Gavel	R. Brennan	
Fri 14/6	M. Brumby	H. Ryan	R. Brennan
Mon 17/6	D. Gleave	L. Speedy	
Tues 18/6	C. Chandler	<b>Help please</b>	
Wed 19/6	H. Ryan	V. Wilson	
Thurs 20/6	<b>Help please</b>	<b>Help please</b>	
Fri 21/6	L. Wiggins	D. Tinnock	

In accordance with WH&S regulations, it would be appreciated if volunteers could please wear enclosed footwear and have long hair tied back. Thanks Leanne and Sandy.

### UNIFORM SHOP

Open Mondays & Wednesdays 8.30 – 9.00am

Location: Assembly Hall

Uniforms can be viewed and purchased via the P&C's site <http://www.flexischools.com.au>

### Volunteers Needed!

**The 3-6 Athletics Carnival is on Monday 24th June.**

Volunteers are needed for the successful running of this event. If you could spare a few hours (any time between 9.30am - 1.30pm) to help with the BBQ, in the Canteen or just be of general assistance, please email [events@tackingpointpandc.org.au](mailto:events@tackingpointpandc.org.au)

We appreciate your help



# Tacking Point Public School Tuckerbox Menu

Email: [tpps.tuckerbox@gmail.com](mailto:tpps.tuckerbox@gmail.com) Phone: 6582 3478

[www.flexischools.com.au](http://www.flexischools.com.au)



## Snacks (All Day)

Air-popped Plain Popcorn* GF	\$0.50
BYO Slinky – apple, carrot, cucumber	\$0.20
A piece of fruit (whole or 'Slinky') GF	\$1.00
Yoghurt Tub <sup>1</sup> (small) GF	\$0.50
Yoghurt <sup>1</sup> & Fruit Tub GF	\$1.00
Seasonal Fruit Tub GF	\$1.00
Fruit Salad Tub GF	\$1.20
Vegie Crunch Cups with Salsa GF	\$1.00

## Frozen (Recess and Lunch Only)

Pineapple Rings GF (maximum 2 per person)	\$0.40
Quelch Sticks GF	\$0.50
Chocolate Flavoured Milk Zip-Pops GF	\$1.00
TNT (Ice Mony) – Blue Raspberry or Lemon Ice	\$1.00
Bulla Ice Cream Tubs	\$1.20

<sup>1</sup> Jalna Sweet and Creamy Greek Yoghurt

## Drinks (All Day)

Still Water (bottled)	\$2.00
Up&Go - Chocolate or Vanilla	\$2.70
Fruit Juice – Apple/Blackcurrant or Tropical	\$1.70
Flavoured 'Lite' Milk – Chocolate or Strawberry	\$2.70
Full Cream Milk (bottled) or with Sippah Straw	\$2.00
Milo (hot or cold)	\$2.00

## Drinks (Lunch Only)

Milkshake with 'Lite' Milk – Chocolate or Vanilla	\$3.00
Slush Puppie GF 4.5 HSR – Cloudy Lemon, Tropical, Sour Apple, Tangy Berry or Strawberry Vanilla	
Mini	\$1.00
Small	\$2.00

**Note:** All food and drinks sold in the canteen adhere to the NSW Healthy School Canteen Strategy. Recipes, suppliers and ingredients are available on request. This menu is subject to change.



# Tacking Point Public School Tuckerbox Menu

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## Hot Food (Recess Only)

Bow Tie Pasta Cups	\$2.50
Hawaiian Pizza Melts – tomato paste, ham, Pineapple, capsicum and grated cheese	\$2.50
Vegemite Scrolls (maximum of 2 per person)	\$0.50

## Hot Food (Lunch Only)

Chicken <sup>2</sup> Burger w/lettuce and mayonnaise	\$4.00
Extras (each) cheese, pineapple, salad	\$0.60
Enrico's Beef Lasagne (frozen)	\$5.00
Meatball Sub – (partially frozen)	\$5.00
Buttered Chicken and Rice* GF	\$5.00
Mexican Beef GF	\$4.50
With a White Dinner Roll	\$5.00
Chicken Nuggets (frozen) GF - 3 per serve (Monday/Tuesday/Thursday only)	\$2.00

Extra spoons or forks	\$0.10
BBQ or Tomato Sauce sachet	\$0.40

<sup>2</sup> Flame Grilled

## Sandwiches, Wraps and Salads (Lunch Only)

All sandwiches are spread with a 3.5 HSR margarine unless specified. Only wholemeal bread is used for sandwiches. Add \$0.70 for Wraps. Add \$0.70 for toasted.

Vegemite/Strawberry Jam	\$2.00
Cheese	\$2.30
Egg – plain or lightly curried	\$2.50
Chicken Breast*	\$3.50
Ham (plain)	\$3.50
Salad – lettuce, tomato, carrot, cucumber, beetroot	\$4.50

'The Basic' Salad GF – lettuce, tomato, carrot, cucumber, beetroot	\$3.50
With Italian Salad Dressing (sachet)	\$0.40
'Tuna Pasta' Salad	\$4.50

## Salad and Sandwich Extras

Chicken Breast*/ Ham (plain)/Tuna	\$1.00
Hardboiled egg (each)	\$0.50
Avocado	\$0.80
Cheese	\$0.60



Please make sure you have enclosed foot wear, long trousers and long sleeve top. If you have a full faced motorbike helmet bring it along. We do have limited race wear available on the day.

It teaches driving skills and offers people an opportunity to gain a career in motor sport in a safe and organized environment.

By getting behind the wheel of a kart at a young age the sport teaches children about car control and how to react in different situation, well before they get behind the wheel of a car on the public road.

We look forward to welcoming you to experience the adrenalin packed sport of karting on our next come and try.

**Come and try day**  
For ages 6 years and over  
\$30 per person  
Approx. 20 laps = 21km of driving

**PORT MACQUARIE KART RACING CLUB INC**

275 Burrawan Forest Drive  
Cowarra Forest via  
Wauchope  
portmacquariekartclub.com.au

16th June 2019 – 9am -4pm

Contact Jamie 0428116033

# 16TH JUNE 2019 COME AND TRY GO KARTING

**Come and try day**

If you are interested in finding out what a real go kart is like to drive and are thinking about getting into motorsport go karting is the 1<sup>st</sup> step into motor sport. Your all welcome to come to the Port Macquarie track on the 16<sup>th</sup> June for our come and try day. Our last come and try day was a huge success and if you miss out on the day you will be able to arrange another day to try as we can only fit so many in on the day.

The cost is \$30 per person and you will get around 20 Laps which equates to 21km of driving in a go kart. Its loads of fun and great experience for all ages as young as 6 years and up of enjoying the sport.

We provide you with safety equipment and instructions to allow you to experience the thrill of driving a kart. There is no racing or competition of any kind on the day. You're on the track to see if you would like to take up the sport.



# The simplest way

... to pack a healthy lunch box

The average school child will eat more than 2,500 lunches during their 13 years at school.



A one-stop-shop for everything you need to know about packing a lunch box, Cancer Council's [website](http://www.healthy-lunchbox.com.au) is now even easier to use and share with friends and family.

- **Search** – you can now search for recipes by name or ingredients and quickly find the information and tips you are looking for.
- **Print recipes** – it's now easier to print recipes for safe keeping.
- **Share recipes** – on Facebook, Twitter and Pinterest.
- **Videos** – some recipes now feature short videos showing the simple steps to making the meal.
- **Lunch Box Builder** – plan a healthy lunch box with your kids using the new builder items.
- **New Content** – check out our new recipes, sandwich filling ideas and packed healthy lunch box examples.

[healthy-lunchbox.com.au](http://healthy-lunchbox.com.au)